스리팅카테 워보고서

RaonAtti Sri Lanka

#01

We, as Raonatti 3rd batch, have strong will to experience Sri Lanka because, it is the reason why we are here at this moment.

RammAtti3



3rd RaonAtti

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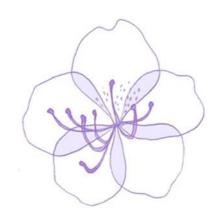
^2'당라 & 강카El



스리랑카에서 시작되는 우리들의 이야기

우리가간다 _ 이승찬 최선화 김기연 류금선 노하현 더 이상 스리랑카가 어디냐고 묻지마라





Isunu

Name SeungChan Lee, Isuru

Date of birth 30,05,1985

E mail Casablanca_1@naver.com

Office address Moratuwa YMCA

University Catholic Univ of Daegu.

Professional Automotive Engineering.

School Elementary, Middle, High school pass.

Life Vision Do it as taking efforts!

Objective I want to do all together

Hobbies Climbing mountain, Chess.

Talent/Skill Fixing Computer, Driving.

Working Experience Group of Volunteers, Farming experience, 10 days.



Maduri

Name SunHwa Choi, Maduri

Date of birth 12 05 1986

E-mail Deer_moon@naver.com/shringcl@gmail.com

Office address Moratuwa YMCA

University Ewha Women's Univ.

Professional French and French literature, English and English literature (minor).

School Elementary, Middle, High school pass.

Life Vision Be prepared to get the chance whenever it comes.

Objective To be a real Asian.

Hobbies Singing, Drawing, Reading novels.

Talent/Skill Teaching, A musical sense, typing fast Korean and English, Dancing,

Working Experience Global Civic Sharing (International Development NGO), Internship.

English Friends, Teaching children, 1yr.

Visited Country India, Studying English and Traveling, 3months.







8





Name KiYoun Kim, Sanduni

Date of birth 14,09,1986

E-mail saykimki@gmail.com

Office address Moratuwa YMCA.

University Yeong-nam Univ.

Professional International Trade

School Elementary, Middle, High school pass.

Life Vision Obsession of life

Objective Communicate with everything.

Hobbies Climbing mountains, Reading comic books, Following arts.

Talent/Skill Walking, Unlimited physical ability.

Request Let me love you.

Working Experience Private tutor, Tutoring, 2006

Visited Country India, Work Camp, 2 weeks.

China, Volunteer, 2 weeks.





Name GeunSeon Ryu, Piyumi

Date of birth 21,11,1987.

E-mail heaven486@naver.com

Office address Moratuwa YMCA

University Geum-gang Univ.

Professional Social Welfare.

School Elementary, Middle, High school pass.

Life Vision Eat well, live well!

Objective To know Sri Lanka.

Hobbies Playing the drum, Taking pictures, Singing.

Talent/Skill Making People laugh, Dancing, Cooking.

Request I want many Sri Lanka people who I met here to remember me for a long time.

Working Experience Habitat, Repairing houses of poor people.

Visited Country Japan, Trip, 5 days.



Name Hallyun Noh, Lahiru

Date of birth 26,02,1989

E-mail shnhh@hanmail.net

Office address Moratuwa YMCA

University Yong-in Univ.

Professional Security Service.

School Elementary, Middle, High school pass.

Life Vision Trial! Just come to me because I will overcome it.

Objective I want to experience life through body and mind directly.

Hobbies Jogging, Going mountains.

Talent/Skill Playing and Exercising Martial Arts.

Request I want to communicate Sri Lanka people.

Working Experience Toronto Yeong-Rak Church, Volunteer.

Visited Country Canada, Exchange Student, 1 year.



더이상

스리 랑카가

누구냐고

묻 지 🔳 마 라

Sri Lanka?!



Sri Lanka is a strategic naval link between West Asia and South East Asia. It has also been a center of the Buddhist religion and culture from ancient times as well as being a bastion of Hinduism. The Sinhalese community forms the majority of the population; Tamils, who are concentrated in the north and east of the island, form the largest ethnic minority. Other communities include Moors, Burghers, Kaffirs, Malays and the indigenous Vedda people.

The country is famous for the production and export of tea, coffee, coconuts, rubber and cinnamon which is native to the country. The island also boasts the first female Prime Minister in the world, Sirimavo Bandaranaike.

After over two thousand years of rule by local kingdoms, parts of Sri Lanka were colonized by Portugal and the Netherlands beginning in the 16th century, before control of the entire country was ceded to the British Empire in 1815. During World War 2, Sri Lanka served as an important base for Allied forces in the fight against the Japanese Empire. A nationalist political movement arose in the country in the early 20th century with the aim of obtaining political inependence, which was eventually granted by the British after peaceful negotiations in 1948.

Names of Sri Lanka ?!



In ancient times, Sri Lanka was known by a variety of names: ancient Greek geographers called it Taprobane and Arabs refered to it as Serendib (the origin of the word "serendipity"). Ceilao was the name given to Sri Lanka by the Portuguese when they arrived in 1505, which was transliterated into English as Ceylon. As a British colony, the island was known as Ceylon, and achieved independence under the name Dominion of Ceylon in 1948.

In 1972, the official name of the country was changed to "Free, Sovereign and Independent Republic of Sri Lanka". In 1978 it was changed to "Democratic Socialist Republic of Sri Lanka". The current name is derived from the Sanskrit with the word Lanka, meaning "island", also being the name of the island as described in the ancient Indian epics Mahabharata and the Ramayana. The word Sri is a Sanskrit title meaning "venerable".

Religions



Sri Lanka has a multi ethinic and multi religious population. Buddhism constitutes the religious faith of about 70% of the population of the island, most of whom follow the Theravada school of Buddhism. According to traditional Sri Lankan chronicles, Buddhism was introduced into Sri Lanka in the 2nd century BCE by Venerable Mahinda, the son of the Emperor Ashoka, during the reign of Sri Lanka's King Devanampiyatissa.

Sri Lanka has the longest continuous history of Buddhism of any predominately Buddhist nation, with the Sangha having existed in a largely unbroken lineage since its introduction in the 2nd centry BCE. During periods of decline, the Sri Lankan monastic lineage was revived through contact with Thailand and Burma.

Hinduism the second most prevalent religion in Sri Lanka and it also arrived from India. Today, most Hindus are Tamil and they constitute a majority in Northern Sri Lanka.

Religions which today exist in Sri Lanka, in addition to Buddhism and Hinduism include Islam as well s different churches of Christianity. Followers of Islam comprise nearly eight percent of the population, having been brought to the island by Arab traders over the course of many centuries, most are Sunni who follow the Shafii school.

Hinduism was primarily established in Sri Lanka by migrants and often invaders from southern India, Hindus constitute just over 7 percent of the population, mostly of the shaivite school. European colonists introduced Christianity to the country in the 16th century, and the religion has been adopted by around six percent of the population.

20th Century and the World Wars History



European colonists established a series of tea, cinnamon, rubber, sugar, coffee and indigo plantations. The British also brought a large number of indentured workers from Tamil Nadu to work in the plantation economy. The city of Colombo was established as the administrative centre, and the British established modern schools, colleges, roads and churches that brought Western-style education and culture to the native people.

Increasing grievances over the denial of civil rights, mistreatment and abuse of natives by colonial authorities gave rise to a struggle for independence in the 1930s, when the Youth Leagues opposed the "Ministers Memorandum," which asked the colonial authority to increase the powers of the board of ministers without granting popular representation or civil freedoms. Buddhist scholars and the Teetotalist movement also played a vital role in this time.

During World War 2, the island served as an important Allied military base. A large segment of the British and American fleet were deployed on the island, as were tens of thousands of soldiers committed to the war against Japan in Southeast Asia.

Dominion of Ceylon Independence



Following the war, popular pressure for independence intensified. The office of Prime Minister of Ceylon was created in advance of independence on 14 October 1947. Don Stephen Senanayake being the first prime minister. On Feburary 4, 1948 the country won its independence as the Dominion of Ceylon.

On July 21, 1960 Sirimavo Bandaranaike took office as prime minister, and became the world's first female prime minister and the first female head of government in post-colonial Asia. In 1972, during Sirimavo Bandaranaike's second term as prime minister, the country became a republic within the Commonwealth, and the name was changed to Sri Lanka. The island enjoyed good relations with the United Kingdom and had the British Royal Navy stationed at Trincomalee





2010년 3월, 액션플랜

한 달동안의 '생활' 그 모든것!

월간 일정

일간 일정



March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
매주 윌요일 식료품구입 주		2 전 캠프 & 발대	3 식 - 콜롬보 도착	4 - 모라투와 YMCA 투어 - 환영식	5 - 모라투와 City Tour - Children Club - 해변가	6 - 배드민턴 교실 - 해변가
7 - 개인 프로필 제작 - Mount Lavin- ia 해변가	8 - 콜롬보 방문 - 모 라 투 와 YMCA 이사진 회의	9	도로가 나무	II 심기 프로젝트 - YMCA music festival	12 - 모라투와 시청 방문	I3 - 스리랑카 전통 춤교실
I4 - YMCA 청소 년 캠프 파이 어 참석	IS - Lunawa병원 (Signboard) - YMCA 이사 진회의	I 6 - 스마일 모라 투와 집 방문 - 강가의 아이 들 방문	I7 - YMCA 마당 평탄작업 - 싱할라 수업	18 - 콜 롬 보 YMCA방문 - 스리랑카 한국 대사관	I 9 - Herbal Drink - Elder's House - Children Club - Korean Class	20 - 댄싱 교실 - 태권도 교실 - 배드민턴 교실
2I - Picture Report 작성	22 - Picture Re- port수정 - YMCA 이사 진회의	23 - 콜롬보 방 문,비자 발급 - 페인트 구입 작업준비	24 Elder's Home	25 페인트 작업	26 - Herbal Drink - Children Club - Korean Class	27 - 댄싱 교실 - 태권도 교실 - 배드민턴 교실
28 - Picture Report 작성	29 - 병원 싸인보 드 제작	30 스마일 모라투 - 목공소 방문	와 설문조사		매주 금요일 HERBAL DRIN	IK PROJECT

모라투와는 모통 밤 9시가 되면 거의 모든 가게가 문을 닫아요. 반면에 아침 일찍열죠. 아침식 사로 식빵에 잼을 발라먹는데, 새벽6시면 빵을 살 수 있어요.

6:30 기상 30분 씻기 아침 준비(빵 사기)

7:00~7:30 아침식사

-- 8:30~8:50 심은 나무 물 주기

9:00 하루 일정 회의 (매주 월요일: 주간회의, 피드백)

일곱번째 프로젝트로 YMCA 건물 앞 도로 중앙분리대에 화단에 나무를 심었어요. 물을 줄 때마다 어르신들 제서 아 주 좋은 일한다고 칭찬을 많 이 해주세요. 힘든줄도 모르고 열심히 퍼나르고 있습니다!

나다. 한 프로젝트에서 다른 프로젝트의

만들기도 합니다.

프로젝트

1:00~2:00 점심식사(사먹기)

One day 카레 ↔ 믹스드 라이스

프로젝트

6:00 귀가 식사 준비 씻기 각 프로젝트 별로 여러가지 일을 수행합 7:00~8:00 식사

8:00 팀 회의 영감을 얻기도 하고 새로운 프로젝트를

12:00 취침

셰프 승찬리를 중심으로, 하루 한제 우리가 직접 밥을 해먹습니다. 재료가 한국과 같지는 않지만, 연장 탓은 아 마추어가 하는 법! 신의 손을 가진 그

의 요리실력에 감사할 따름.

점심식사는 현지 코디네이터인

아쇼카와 항상 함께합니다. 스리 강마의 주석인 쌀과 5종류의 카 레, 우리나라의 볶음밥과 비슷한

먹스드 아이스를 하루씩 번갈아

가면서 사 먹습니다.

과제, 개별시간

성혈과어 숙제도 하고, 대부 분의 시간을 주간 레포트를

작성하는데 보냅니다.



활동프로젝트 A to Z



우리들의 프로젝트에 관한 자세한 이야기

프로젝트 넘버 01~30

: 우리의 생활은 프로젝트의 연속이다. 소소한 일부터 시작해서 스리랑카에 다가가는 첫걸음이다. 힘들지만 재미있게, 보람되게, 때로는 감동적인! 스리랑카현지 프로젝트 보고서를 기반으로 만들었기 때문에스리랑카에서 많이 쓰는 영어로 작성되었다.



O1. WELCOME CEREMONY



It is our first day in Sri Lanka. We arrived at the airport around midnight and met committee member Nihal, our coordinator Ashoka, secretary Sampath. They sincerely welcomed us with pretty shellfish necklesses. We went to our new house located near Moratuwa YMCA by the car they brought. The house was cozy and had two floors. All the walls were painted in which. It was so clean that it seemed somebody cleaned the

house just before we arrived the house. Most of the necessaries of life was well arranged and anyone could live in the house right away.

Next morning at 10, Ashoka came to our house to take us to YMCA. YMCA was placed in 3 minute distance crossing the street. When we got to the entrance, we noticed many people standing around and 5 girls holding flower necklaces. They gave us the necklaces and greeted saying "A U Bowan" (It means Hello in Sinhalese). We shook hands with many committee members also. Kiyoun, YMCA president and Mr.Q (one of the commetti members) put up the Korea and Sri Lanka national flags and YMCA flag. Inside the YMCA building, we passed an office and entered the Main hall. There were many chairs and a long table was placed also. We sat in the chairs in a raw. Three committee members and YMCA president gave a speech and our leader Kiyoun gave a 5-minute speech, too. Snack time was followed. There were several traditional food on the table. We talked with people as we ate the food.

After the ceremony, we went to Indian food restaurant near by YMCA with Ashoka and Mr.Q. who was one of committee members. The food was so tasty and we came back to our house with a full stomach. It was so memorable first day in Sri Lanka!

BY MADURI



WELCOME CEREMONY OPONION

Maduri

The welcome ceremony was really surprising and so thankful. I'll put my best foot forward on the projects we will proceed.

Isuru

A girl gave me a precious flower necklace for the meaning of welcome and I was so touched.

Piyumi

There was some food at the end of ceremony. All the people waited until we picked the food first and started to eat after us. I could feel that they were caring us.

Sanduni

I had a prejudice about some people who tend to be superior, but it was not true.

Lahiru

I felt I was like honored guest; furthermore, I would like to remember when they told us 'Hello' first time.

Team's opinion

We were so surprised that Moratuwa YMCA made a special ceremony for us. It was enough for us to feel that people were really welcoming and caring us. Thank YMCA people for the consideration.

Where Moratuwa YMCA
What Welcome Ceremony
Participant 3rd RaonAtti,
YMCA old members, YMCA
children.

When Thu 04 March





OZ. MORAT<mark>U</mark> WA CITY T<mark>O</mark>UR

After arriving in Sri Lanka, this is the first time to tour Moratuwa City.

We looked around and toured Moratuwa city on 5th March. I felt awkward because it took short time to meet Ashoka. I spent time to know Moratuwa's culture and people in detail.

We were satisfied to look around station stores, merchants, train station, and Colombo train schedules. It was great for me to see general Moratuwa scenes. Also, Ashoka talked about how train, station and railroad were affected by British.

In addition, we visited Sebastian Church. It was an opportunity to compare how religion activity was different between Sri Lanka and Korea. Because of hard schedules, Ashoka suggested to eat coconuts on a street. Everybody was excited due to being thirsty and tired.

After we enjoy drinking Coconut water, we went to Moratuwa Lake.

We saw some people who are living and fishing near Lake. I recognized how Moratuwa Market scenery and local people's life was specific. I could think about the Local scenery to live for 5 month. After finishing our schedule, we went to the Moratuwa Beach which Piyumi suggested to go. We were fascinated by Moratuwa's beach, and appreciated Moratuwa's Sunset. I was already be part of Sri Lanka.

BY LAHIRU













MORATUWA CITY TOUR OPINION

Maduri It was really fantastic for me to see Sri Lanka sea first. Moratuwa seemed a peaceful place.

Isuru When I visited a church, I recognized a difference between Christian and Catholic. In addition, I perceived a gap between the poor and the rich divided by the railroad.

Piyumi It was very hot weather, but I feel good. One of reasons was that I could recognize various views about religion.

Sanduni For me, graves looked mysterious like arts.

Lahiru I looked some trashes at the beach, so I would like to pick up those as walking around there.



Team's opinion We could recognize special atmospheres of Moratuwa as going to the bus and the train station, visiting church, meeting street's people, drinking coconut, and knowing river's poor children.



When Fri 05 March

Where Bus and Train stations,

Church, Rivers, Coconut

market, Sea

What Visiting, Greeting

Participant 3rd RaonAtti, Ashoka.



03. CHILDREN'S CLUB

When Fri 05 March Participant 3rd Raonatti, Ashoka, 12-13 children Where YMCA main hall

What Self-Introduction, Singing song and dancing with children, Recreation, Game

Why To make friends, To become familiar with each other through activities moving our body.

On Friday, 5th March, RaonAtti team took two days in Sri Lanka. They prepared class to enjoy itself without special things. For example, they tried to sing a song together such as 'Tadpole song. Also, they practiced how to dance in a class.

Ashoka introduced RaonAtti team to many children. Many children looked RaonAtti team curiously, and came to them for glad meeting. As it was first class with Sri Lanka children, they greeted and said "I U Bo Wan". The class was begun as teaching 'Tadpole song' and speaking Korean. Because RaonAtti team just stayed Sri Lanka for two days, they spoke English each other. One of children translated Sinhalese into English. Inside, RaonAtti team wanted to speak Sinhalese for communication.

In class, everyone sang a song without music, and talked about contents of song. Thanks to second RaonAtti team, there were good lyrics which wrote on big paper. Many children imitated how to sing and dance, but some children looked like being bored. Possibly, the song was same thing before, so that's why some children were not interested in singing and dancing. After finishing a song, everyone did funny clapping with classmates. Many children were enthusiastic, and they responded about that instantly. They were ready to move same motion like jumping and clapping, and waited to hear 'start'. There was no hesitation to clap each other regardless of male and female. It was nervous for me to see when children expected to do next movement.

When I feel uncomfortable to progress class, Ashoka joined and made class humorous as doing games. For instance, there were some movements that everyone made such as tiger, person, and gun. Before making one movement, children discussed to decide which one they would choose. In that case, they needed to accept different opinion, and manage decision. If they conflicted with different ideas, they would be lost.

In addition, it was a lot of passion about throwing shoes and hitting a target. If they could hit a target, their faces were full of pleasure. On the other hand, their faces were distorted by regret when they lost. Many children enjoyed games regardless of victory and defeat. I, who was crying boy whenever defeated, learned a meaning of enjoyment from them. I remembered Sri Lanka children called RaonAtti names one by one sincerely such as Isuru, Maduri, Sanduni, Piyumi, and Lahiru.

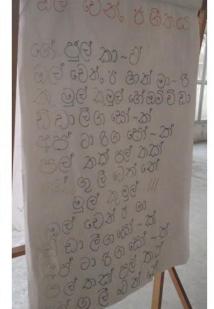
BY ISURU















CHILDREN'S CLUB OPINION

Maduri

The children's club was finally successful, but we couldn't prepare our class enough and didn't count the time. We could only make it for almost 1 hour. We should think more and make more specified plan for the class next time.

Isuru

I realized that our class was boring when I saw the facial expression of a student's mother sitting behind the classroom.

Sanduni

The class was so good, but there was a language problem. I want to learn Sinhalese as soon as possible and communicate with children.

Piyumi

It was above my expectation. We did better than actually prepared.

Lahiru

It was so great time to move bodies and exercise with children. I could feel their emotion and humanism.

Team's opinion

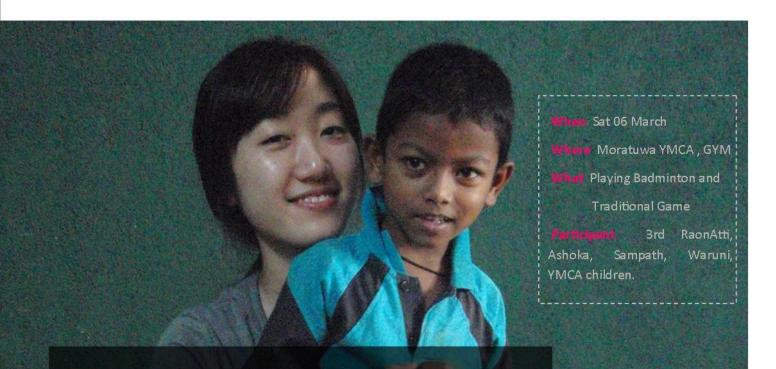
We hadn't enough time to prepare the class. However, we were so moved when children encouraged each other even when they lost their game.







04. JOIN BADMINTON CLASS



Maduri As sweating, I felt good and familiar with children. It was a good chance to make a good relationship as I was playing Sri Lanka's traditional game.

Isuru I continued to play Badminton, and felt like I was a foreigner because I played alone without teammates for the first time. I thought that I should get used to here as soon as possible. However, I am sure that I will be their good friend.

Piyumi I remembered a compromise which children gave us badminton rackets they were playing with. I felt as I was great person; however, I am just a normal person.

Sanduni The children didn't care winners; rather, they enjoyed a game together regardless of victory and defeat. It was really impressive.

Lahiru It was fabulous time because I played game with children and learned Sinhalese as imitating what they said.

Team's opinion We had really joyful time with children playing badminton and games. We think physical activities and games are the best way to be close to children, and it's also good for health. So, we're looking for the next time.

OS. MOUNT LAVINIA BEACH



Maduri I envied Sri Lanka people their beautiful beach. Many people could rest, and enjoyed free time there.

Isuru I enjoyed and spent funny time because I swam with group of people who looked like the same age. I used body language and tried to communicate with them. It was great time to swim with people who met first.

Piyumi I played the waves with Maduri. I had been a long time since I saw the sea the last time. In front of KFC, I saw poor and old person who required some money. It made me inconvinient. It was also annoyed about what Lahiru sprinkled water to me.

Sanduni It was good time, but Sri Lanka beach was different compared to my hometown, Busan. The feeling reminded me that I am in Sri Lanka now. It was very interesting for me to see people swimming.

Lahiru As I was swimming, some person asked money and said sexual joke. Most importantly, we enjoyed that time and smiled each other. I felt we were friends.

Team's opinion We took the bus in Sri Lanka for the first time and were so excited. Everything was interesting and new. Everybody on the beach looked happy and we were there among the happy people.

When Sun 07 March

Where Mount Lavinia Sea beach

What Swimming and Meeting

people

Participant 3rd RaonAtti, Ashoka, Sanjiwa.



O6. COLOMBO CITY TOUR

There are two types of train in Sri Lanka such as old one and new one. Old one is painted with reddish brown and new one is neat blue. We took the old one and started our tour to Colombo. After 30 minutes, we were walking on the busy street Colombo. We visited the museum of Dutch, YMCA of Colombo, the three highest buildings and Galleface.

The Museum of Dutch

RaonAtti team learned Sri Lanka history in the Museum of Dutch.

Sri Lanka was colonized by England. Ceylon tea is very famous, but it was cultivated by England. Many spices were traded by high price in Europe market, so there were many records of sailing between Sri Lanka and Europe. Next to a chandelier, many regions' badges were hung on a wall such as Moratuwa and Colombo badge. On second floor, there was a high quality of black furniture made by Jack trees.

YMCA of Colombo

YMCA of Colombo has hotel for coming guests. In Korean YMCA, Mr. Song talked about inn business. Therefore, there were some students and travelers in YMCA of Colombo. The building looked old-fashioned, and had flower gardens in the middle. Also, it had various facilities for guests such as gym, pool, and rooms. Moratuwa YMCA doesn't manage inn, but it has gymnastic facilities such as Badminton, table tennis, and traditional game 'Caram'.

The three highest building in Sri Lanka

I saw walking woman who wore 'Sari' with hanging business I.D card. In case of Korea, many people doesn't wear traditional clothes 'Han Bok' despite the clothes was changed for modern. However, I recognized Sri Lanka people respect their tradition. In the building, security guards checked everyone whether they possess dangerous things or not in a entrance. There were many famous Sri Lanka companies related to bank and air lines. I wanted to stay in cool building, bit I need to go out side because of beautiful beach.

Colombo beach, Gallface

In downtown of Colombo, many soldiers were positioned, so I couldn't take pictures anywhere. It was impossible to take pictures such as the Sri Lanka government building. Piyumi who is active tried to talk to a soldier and took a picture. A sunshine was too intense, but the beach and horizon were so amazing. Especially, there were some couples enjoying date in the beach.

BY SANDUNI AND MADURI

COLOMBO CITY TOUR OPINION

Maduri Colombo was very hot and streets were so busy with so many cars and people running and shouting. On the way of going to the Galleface, we went along the long beach and it was so beautiful. And I saw some pictures of Colombo in old days. I prefer old one. We had some food on the road such as fresh milk and mixed fruit juice. We drank a good coffee also. I like these food very much. Thanks Ashoka!

Isuru I took a train first in Sri Lanka, and saw strange person who played a flute. However, I couldn't adjust hot weather because it was hotter than Moratuwa.

Piyumi I felt Ashoka took care of us a lot. I saw many soliders in Colombo. They controlled me not to take pictures, so I was shocked. I was afraid of them holding guns.

Sanduni Although I got a stomachache, I became fine because of Colombo tour. I felt fresh when I walked on the beach.



O7. TREE PLANTING 🎏 PROJECT





Our first project is completed! For 3 days, all members made the frames and planted 30 trees between the roads in front of



Planting Pree Project

Maduri Planting trees was our first project. I had never cut the trees with a saw and my hammer skill was so poor before. However, I had a very good experience through the project. During last 3 days, I learned how to saw woods and how to hammer a nail in a right way. Finally, we made 30 frames for trees, and they looked so beautiful standing in a raw on the center of the road. Besides, I planted trees for the first time in my life. I had never done it before. With loving heart, I put the small trees in the old and gave them good soil and water.

However, there was one thing I found as a big problem of Moratuwa, which was the air. While I was planting the trees, I had to work between two roads and the air was so terrible that I could barely breathe. I could see some signboard around on which "drive green" was written which was of no use. Every car emitted bad black gasses passing the roads. I think, Moratuwa, to be a better place, needs something for the air. In addition, our first project, planting the trees on the road, will take a good role in the future. I wish them to grow very well, so someday in the future when I come back to Sri Lanka, I could see the 30 trees make road super green and give Moratuwa clean air.

Isuru This first project was high level, so I was responsible to do well. Everyone was energetic, and united. In first time, we couldn't recognize what we should do like putting nails, cutting woods, and tying wires. As time is going, we could figure out proper positions. In addition, I could reflect a value of labor and money; for example, I worked with Michael Jackson, and saw that he got 200 rupees. In case of Korean labor, many workers get 2,000,000 rupees. It was reflective time for me to consider Sri Lanka situation.

Piyumi I did my best because it was the first project. Cutting the trees and enduring strong heat outside, I was joyful when the frames were completed one by one. Honestly, I doubted if we can make 30 frames. But after all, I felt proud and happy because the result was so successful. We helped each other and passed through each process together. Anyway I hope that all trees grow well.:)

Planting Pree Project

Sanduni It could be more effective if I have some equipment like drill. I was curious about supplying good woods, but I cut bamboos to make frames. I was a volunteer of Habitat which is a group to create houses for homeless people. Based on my experience, I enjoyed cutting woods, putting nails, and making frames. I can work in here so many times. I couldn't forget what I didn't arrange YMCA's field after working. I am considering what I should have arranged the field. I want to make sure that I put equipment in order. I doubted whether many trees would be grown well because of smoke. However, the big can be accomplished from the small. It was good time to plant trees after a week because I could understand and adjust such situations.

Lahiru I would like to face Sri Lanka sunshine, but my skin couldn't endure that. It was first time to cut woods, put nail, and make frames. I was painfl and satisfied about making frames by hand. I need to be more slow and detailed than before. I used to miss putting nail and tying ropes when I tried to do fast. I learned an artisan sprit from Michael Jackson's rough hands and feet. I perceived some his humanism when I saw his smile to show his teeth and eyes' wrinkle. It looks like being humble and vigor. I was sorry about what I didn't arrange equipment after working on Tuesday, 9th March. I remembered teammate's conditions such as working silently and wearing a frown because of hammer. It was bittersweet memory.

Team's opinion We could understand how we could manage time and positions. In addition, we could recognize how we have different physical ability and endurance. Most importantly, we were willing to sacrifice for improving Moratuwa environment. We hope that green will be full of Moratuwa city by planting trees.

When 9th—12th, March
Where Moratuwa
What Planting trees
Participant 3rd RaonAtti,
Ashoka, YMCA old memDers, mayor of Morat

OB. DANCING CLASS 🕍







When 6th March What Sri Lanka cultural dancing

Where YMCA Main hall Participant RaonAtti 3 girls

On Saturday 8am, there was a Sri Lanka cultural dancing class for girls in the Main hall. Three girls of RaonAtti members joined the class and learned how to dance with 30 pretty Sinhalese girls. All students wearing colorful skirts put their shoes off and stood on their bare feet. The class started with a respectful greeting kneeling down to the teacher. It was very impressive. We could feel that how much students respect their teacher.

Most motions were like a bird and feminine. Especially every finger motion was so delicate. There were many students and a few of them were very good at dancing. Most importantly, many students were harmonized together as doing same motions. They may have a talent for dancing and coordination.

In addition, many students looked like being outgoing when they joined the class. Probably, they enjoyed the class sincerely regardless of shyness. If someone is shy, he or she need to participate in the class.

On the other hand, there was a prejudice that dance was a activity for only girls. In the class, there was a one boy who was dancing with many girls. The bias needs to be broken; in other words, dance is a activity for everyone to be harmonized.

It was a meaningful experience that we could have only in Sri Lanka and to be friends with children.

BY PIYUMI

09. YMCA CAMP FIRE



When 13th March

Where Beach

What Participating in Camp Fire

Participant RaonAtti 3rd member, Ashoka, many YMCA people

On Sunday, 13th March 2010, RaonAtti team was ready to go Camp Fire after taking a sweet rest shortly. In the afternoon, Piyumi, Maduri, and Sanduni prepared a song to sing, Isuru and Lahiru demonstration of Taekwondo in YMCA's Camp Fire. Isuru practiced and repeated same movements to improve his part of demonstration. I thought this event would be small and like to play with children because Ashoka just said Camp Fire. When we rested after finishing practice, Ashoka came back to Moratuwa YMCA from his church. Sri Lanka team said hello, and answered "We are confident!".

RaonAtti team and YMCA members arrived at a Camp Fire's place. In an entrance, some children gave RaonAtti necklaces of flower that smelled fantastic. As RaonAtti received a beautiful welcome, they were going toward a beach. Camp Fire was preparing, and many people sat around the fire. RaonAtti team surprised to see many people were waiting for RaonAtti. It was just not small event, rather than, an event for honored guests who sat on chairs with gorgeous necklace of flower. However, they felt comfortable and cozy like being family because of Sri Lanka people's smile. It was interesting for them to see that some people went to middle and tried to raise entire mood. Although they couldn't understand Sinhalese, they laughed and chuckled as following Sri Lanka people whenever pleasant atmosphere happened.

Though there was not splendid lighting, gorgeous music and loud speakers, it was amused because there was great sound of wave, flaring bonfire, rhythmic drum and natural people's voice, clapping, laughing.

Furthermore, there were various performances; for instance, some children played traditional dancing and songs as showing cute face. Also, it was funny to see a drama which was performed by two boys and girls. In the drama, girls hit boys; girls are more active than boys. Two men disguised as elephant; it made people humorous. Many people laughed and clapped when they want to do. It was more likely natural and spontaneous people's tendency. It was not absolutely everyone should cheer and clap after a performance like Korea.

When Maduri, Sanduni, and Piyumi sang a Korean song in the center of circle, some people beat drums and clapped naturally to adjust the song. Maduri, Sanduni, and Piyumi were shy when they sang a song. Originally, they are not shy. Isuru and Lahiru demonstrated Korea traditional martial-arts such as Taekwondo. When people shout and cheer for them, two Korean men raised Adrenalin and moved body extremely. Their bodies were covered by a lot of sand, but they enjoyed sand to eat a little. Lastly, YMCA family sang songs, and called RaonAtti team to walk around bonfire together. They wanted to clap and walk together with people sitting on ground, but, many people just smiled in their spot. Raonatti wanted to stay for a long time; however, they need to take a rest for next week projects. For them, Camp Fire was common and amazing event. They touched hands with YMCA friends and Sri Lanka friends for meeting next time.

BY LAHIRU









ASHOKA FOREVER +

Ashoka has round and soft belly; he is generous man to take care of 'Raonatti' and coordinate their mind. Moreover, he has good humor to make people laughing and create happy atmosphere. Most importantly, he can become friend or family regardless of different nation, especially, to Raonatti.











10. GENERAL HOSPITAL ---HERBAL HOSPITAL









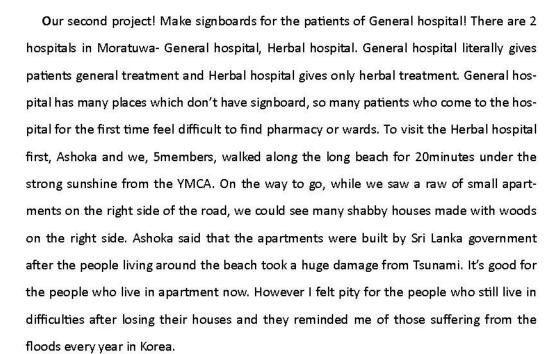


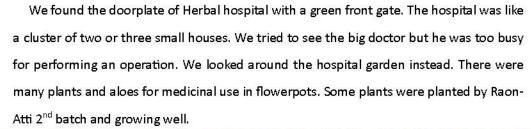


































10. GENERAL HOSPITAL HERBAL HOSPITAL















Many patients waiting in a queue represented how much popular this hospital is. In the small backyard, a big bo tree was growing under which the Buddha entered Nirvana. And right in front of the tree, a small Buddhist statue was placed. Since Sri Lanka's national religion is Buddhism, it's quite easy to find many Buddhist statues everywhere.

Lunawa hospital was not far from Herbal hospital. After a few minutes by walk, we got to the hospital. Piyumi and Ashoka played for fun with fragrant Aralias near the hospital. For a while Lunawa hospital was larger than Herber hospital and wards were placed scatteredly. We checked around here and there to see where and how many signboards they need. They already had several signboards such as Dental clinic. A nurse who wore all white clothes from top to toe guided and told us about signboards. During that time, Piyumi secretly hid in Ashoka's shadow to avoid strong sunshine. Back in the YMCA, we had a team conference and decided to design 24 new signboards. To be continued our signboard project!

















When 16 March 2010
Where Hospital
What Designing signboards
Participant 3rd RaonAtti,
Ashoka.







10. GENERAL HOSPITAL















ISURU It took a little bit long time to visit the hospital, but we enjoyed walking near by beautiful beach. I could see the herbs that Second RaonAtti team planted at the hospital and thought about what RaonAtti meant. When we went to first hospital, it looked like Oriental herb hospital. When we visited second hospital, it was big and quite place. We discussed about the sign boards we would make. At the moment, I expected small effort causing good consequence. Before we came back YMCA, we ate delicious sandwiches instead of taking Bajaji.

MADURI Firstly, I was surprised at the existence of herbal hospital and secondly, I was surprised that totally different type of two hospitals were located in near distance. If there is the herb clinic with acupuncture in Korea, there is the herbal hospital in Sri Lanka. I doubt the sanitary conditions of the general hospital. I think the environment that Dirty dogs hang around in the wards and many birds fly through the opened hallways doesn't look good for patients. However the wholly white attire of nurses was impressive because it reminded me of cleanness.

PIYUMI I imagined that a neat and modern hospital, and possessed medical equipments. However, facilities were poor and deteriorated seriously. Above all, patients looked very serious such as skeleton. One man was suffered from tetanus, and the other groaned due to painfulness. Those made me sore like piercing my mind.

SANDUNI There were some dogs, cats, and birds living in hospital. It was unbelievable for dogs to enter the hospital. Many dogs were living in Moratuwa, but dogs shouldn't be allowed to enter for hygiene. Wandering dogs could be one of local feature in Moratuwa, but it should be improved. Also, I hoped signboards which we were going to make would be helped for patients using hospital facilities.

LAHIRU First hospital looked like a kind of garden because it was full of herbs. It was very tranquil and peaceful to make patients calm. In second hospital, there were many patients who just lay on beds without chemical medicines. I hoped recovery would be fast for them.











11. Smile Moratuwa Project check

When 16 March 2010

Where Moratuwa

What Checking compost bins



9 o'clock in the morning, after watering the plants that we planted on the road, Ashoka and RaonAtti 5members got started on our new work. This new work is about the Smile Moratuwa Project that 2nd batch had done last year. Smile Moratuwa project was started because of food garbage problem of the city. Before using compost bin, people just dumped food garbage on the street. The municipal office took the garbage but before that the smell was terrible and didn't look good. So, second batch created this project and distributed compost bin to 40 houses successfully. However the result was not sure. Today, we planned to check how the project was going so far.

We visited the first house. A man came out and gave us a big smile. He led us to the compost bin. We checked his bin and found that he was using it very well. Both top and bottom of the bin were full of food garbage and well-made compost. Second, third and more houses were the same. Some houses were actually using compost for their plants. One man who was very affirmative to the compost bin project took us to his next door to recommend this bin. The neighbor didn't have the compost bin. At the corner of the door, food garbage sacks were heaped up and stenchful. That was the moment we fully understood the importance of the compost bin.

Once, we were invited to a house by the house owner during the checking. He was middle class but the house was very nice. All members were surprised when the owner said this house was very normal here. Many people we met said compost bin was really useful and thank us to come again. All of them was so nice and remembered RaonAtti. However most of them thought that we were second batch team. Going back to the YMCA, we enjoyed beautiful scenery of Moratuwa and tried not to miss even one small thing.

By MADURI

ISURU I was careful about projects which wasn't made by YMCA. However, Smile Moratuwa was derived from Second RaonAtti team; it was very creative and practical in real life. It influenced to improve street environment of Moratuwa including citizen's evaluation. I thought about how we were expected from Moratuwa citizens. MADURI I read about Smile Moratuwa Project of 2nd batch in Korea but could not know about the result of the project. Today I confirmed through my own eyes that the project is successful. I think this project is a part of international development. This project makes the city clean and let people get better life. We should decide whether we keep this project and move to other areas or start our own project. PIYUMI Yesterday, I saw compost bin of Smile Moratuwa which was left alone in hospital. I couldn't know the meaning of 'Smile Moratuwa'. However, it was very useful when I visited individual houses; the project was good for Moratuwa community. SANDUNI How long should I walk around Moratuwa? I recognized the effort of Second RaonAtti team when I visited houses using compost bin. It was very nice project. If we have something to develop, we would do that. Also, I wanted to make project of 3rd RaonAtti. Before doing that, I would like to see and know Moratuwa. LAHIRU This is one of Second RaonAtti projects which is about food garbage. It was very acknowledged, and creative activity. I felt it was great. On the other hand, I was jealous because 3rd RaonAtti team also could do their project for the community.



12 BADMINTON CLASS

YMCA Badminton&Caram [6th March 2010]

It was first time that I sweated and exercised in Moratuwa. Everybody played and enjoyed badminton with children in Gym. Many people including Ashoka, Sampath, and Waruni, came to the gym and tried to make friends with us. After that, I played Sri Lanka's tranditional game, Caram. I got a chance to be familiar with children and Ashoka as playing the Caram. (I thought about donation; for example, Korean KB bank support cost of construction for Moratuwa YMCA Gym.)

YMCA Badminton class 2 [13th March 2010]

In second Badminton class, I could learn how to stretch systematically thanks to a coach. When the children and I were stretching, all of us sweat a lot due to being lack of exercise. We laughed each other as doing stretching hard. After that we focused on how to grip rackets such as smash, forehand, and backhand. It was difficult for everyone to practice basic movements deeply. As finishing the class, Ashoka and Sampath came and played Badminton together. I tried to use basic movements which I practiced, but it was awkward because I was not accustomed to playing such movements. Rather than sweated because of hot weather, we sweated due to enjoying Badminton.

YMCA Badminton class 3 [20th March 2010]

This time, the class began without the coach. Isuru led the class to warm up children. It was thankful for them to follow the stretching. After that, individuals began to play Badminton. Children gave us their rackets and recommended playing Badminton instead of playing themselves. It could be kind of devotion or sacrifice. As we played Badminton without talking, it was great time to perceive good relationship. In addition, Isuru and Lahiru decided to buy Badminton rackets to play well next week. Thanks to the class, Maduri and Sanduni received letters from children. They're trying to share emotional feelings each other.

By ISURU













When: Every Saturday A.M. 10:00 ~ 11:30

Where: YMCA Class room 2nd floor

What: Teaching badminton

Who: RaonAtti 3rd batch, 15 students +

MADURI I have a Sinhalese friend and she's very good at playing badminton. I learned how to serve and smash from her but they're still difficult for me. Although I didn't have much time to exercise in Korea, I play badminton a lot here and become healthy every week. I like stepping on my bare feet on the wooden floor of the gym without my shoes.

ISURU I could enjoy playing Badminton because I could learn basic skills from a coach. I needed to practice more and more. This time, the class began without a coach. I was sorry to play Badminton with children's rackets. Lahiru and I decided to buy the rackets, and wanted to play Badminton freely.

PIYUMI Because I didn't have Badminton racket, it was like disturbing children and taking a chance to play. It caused me not to join the class, but I cheered children as taking good time.

SANDUNI Next week, I would like to join the class, and purchase Badminton rackets with Maduri. The class was systematic, so there were a lot of children who were good at Badminton. I got a letter from one girl; she wanted to be a friend with me. She 's very smart and cute. Next class, I wanted to communicate with many children.

13. HERBAL DRINK PROJECT 🗇





: Squeezing herb juice





: Boiling SHEP 04



: Applying salt





Washing cups

: Completed Herbal drink



5 t e P 06

When 19 March 2010

Where Hospital

What Distributing herbal drink

Participant 3rd Raon Atti, Ashoka.

MOH

5

MAKE

TO BE CONTINUED ...

13. HERBAL DRINK PROJECT OPINION

Whenever anybody visited or is invited to a house in Sri Lanka, Ceylon tea always comes out for guests. Ceylon tea is generally divided into plain tea and milk tea; it is very sweet tea like most Sri Lanka drinks. It is very pleasurable about the scent and sweet taste, but many people are suffering from diabetes. If you get a disease in Sri Lanka, you need to cure that like Sri Lanka style. For example, there are many hospitals using herbal remedies. It's very similar to Oriental medicine.

RaonAtti team went to distribute Herbal Drink, which were made by hand, to patients of hospital every Friday at 7 am. The day before, they learned how to make herbal drink from Moratuwa YMCA. It was difficult to complete herbal drink of 150 people for a day. At night, they cleaned herbs and ground coconuts. Working activity continued till the next day morning.

In addition, herbs were put on mixer for extracting herb juice. Coconuts and rice were mixed, and applied salt. In a big pot, herb juice was boiled as stirring not to be sticky. That working was a kind of sincere devotion. RaonAtti team hurried up, and took a taxi called Bajaji. In the early morning, many people were crowded around hospital, even dogs. Although RaonAtti team was tired, grand father and mother cheered them as admiring herbal drink.

As if Sri Lanka people provide Ceylon tea for us, we hope their disease will be cured by providing herbal drink. I can't wait next week.

By SANDUNI

The day before, we prepared herbal drinks despite being sleepy. However, I got a motive from what teammates would do their best. In early morning, I was surprised in hospital because there were so many people. Accordingly, we were happy to distribute herbal drinks to patients. I felt good for next Friday.

LSURU

The herbal drink was popular in the hospital. Many people came to drink and after 1hour we could see the bottom of the drink bucket. However that means, there are so many patients suffering from diabetes. Besides, Ashoka said the number of patients today was less than other days. I hope them to get better with this drink.

MADURI

To make Herbal Drink is very difficult and tough. Many works were needed to each step for making the drink, and we should wake up early morning to boil herb water. However, it was great time to see many elders drank and smiled.

PIYUMI

The herbal drink we made was salty and bitter. Frankly, I didn't know how herbal drink affects disease. However, I am sure that it could be effective due to sincerity of making the drink. It was great time to wake up early.



Herbal drinks were made by our hands. That was a part of efforts and devotion for sick patients. Especially, it was nice to breathe fresh air of dawn. I couldn't forget a process of herbal drink such as cutting coconuts, grinding herbs and coconuts, and filtering herb juice.

LAHIRU

14 TAEKWONDO CLASS

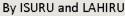
On Saturday, 20th March 2010, the first taekwondo class started. Isuru and Lahiru regretted that Taekwondo class was canceled last week. That's why they were excited about the class at this week. After we arrived at YMCA, we changed clothes into Taekwondo uniforms and waited for children. There were four children joined the class. Although many children came to the class, Isuru and Lahiru focused on the class and expressed passion of Taekwondo.

First of all, they warmed up for twenty minutes. For instance, there were neck, shoulder, waist, and knee rotations. After that, they taught basic movements of Taekwondo such as Attention, Punch, and Blocks. It was awkward for children to do such movements because it was their first time. However, everyone was serious to practice and concentrate on what they did. The class should be strict to control children during the class. If they felt free, they could punch or kick freely. It could cause some accidents like somebody got hurts.

The children were enthusiastic with two instructors, Isuru and Lahiru. After finishing the class, children tried to show moderation, humbleness and serious. Isuru and Lahiru reminded them not to fight each other because it was not for the justice. It was allowed to play Taekwondo inevitably when something wrong happened. However, the violence causes different violence.

When two children came lately, they looked like hoping to join the class. It was emphasized to keep time and join the class on time. Six children and two instructors, who were fascinated, promised to meet next week. Isuru and Lahiru took care of each other and looked forward to doing next class.

(On Friday, there were a lot of children to do freely; Nobody could control them, so Isuru and Lahiru chose to wear Taekwondo uniform for showing strictness.)













When: Every Saturday A.M. 8:00 ~ 9:00

Where: YMCA Class room 2nd floor

What: Teaching Taekwondo

Who: RaonAtti 3rd batch, 5 students +

Isuru

I was nervous because it was first time to take a Taekwondo class. However, Lahiru was well, so the class was continued smoothly. In addition, some boys were interested in martial art as expressing passion. I was impressed that the boys who were troubled followed Taekwondo instructors as taking serious and strict attitude.

Lahiru

When four boys listened what I said, they looked very serious and focused on some movements. Especially, they shout loudly such as saying 'Gi-hap!'. They showed confidence as exercising body. Their eyes looked like tiger. Above all, it was great to exercise Taekwondo and wear the uniform. Most importantly, I made sure that children respect me when I respect

15. VISITING HOME

TO BE CONTINUED ...

FOR ELDERS



+ MEN'S ROOM



+ WOMEN'S ROOM



+ ELDERS HOUSE

On Friday, 19th March, there were RaonAtti 5 friends and Ashoka who is their coordinator under fiery sunshine. Total 6 people visited Society and Home for Elders. Since that building was constructed in 1919, it has been good place for elders who don't possess houses. The building looked very neat, and a director welcomed us sincerely.

Ashoka discussed what project RaonAtti would do with the director. After they agreed some project matters, went to look around the facilities.

First of all, we went to female elders room, and male elders room. It was good time to consider what we would do and confirm strong will. When I saw Sri Lanka elders facility, I realized that it was not different compared to Korean elders facility. As I met one female elder, she smiled at me. However, the smile made me anxious because female elder needed to get house and care of family. It made me miss my family, especially grandmother. I am looking forward to doing projects.

By ISURU and PIYUMI

ISURU I was worried about conditions of facility, but the Sri Lanka government supported Elders house. Therefore, they could keep proper condition. A garden, which we visited at the Elders house in second time, was similar to a cartoon's garden. I felt good because elders welcomed sincerely.

MADURI We visited two elder's houses which looked very clean and well arranged. First house had very beautiful garden which could give a relief to old people there. Second elder's house, there were many old people and Ashoka said they were almost abandoned by their sons and daughters. However they greeted us smiling and I felt something sad. Probably they need friends and care. Somewhat I was curious that why women's places were relatively outside and men's places were inside.

PIYUMI I felt that elders became lonely when I visited Elders House. What I had to do was to be their sister as doing our project.

SANDUNI The government managed Elders house, but many elders felt oppressive because of limited free time. A director explained about facilities, and we would paint and clean the House's rooms. It looked like being great as Korean Elders House. I want to visit the House many times if it is possible.

time. It made me serious to think a meaning of life and happiness. Also, I imagined if I become elder without any help or support. It was very miserable to think about that. Should I be silent to speak out with elders? I don't know, but I'm not afraid of talking with them in Elders House.

When 19 March 2010

Where Moratuwa Elders House

What Cleaning

Participant 3rd RaonAtti, Ashoka.

TO BE CONTINUED...

16. Korean Class 🥥

J. K. LN. 1 P/ L





Our first Korean Class opened the door on Friday 19th March. Before the class, we made handbills and handbooks for several days referring to a couple of Korean teaching books which we brought from Korea and a big notice paper hanging in front of YMCA. Most of Sri Lanka people speak Sinhalese and English, so the paper was made in both languages. At 6pm, there was only one student sitting in the class. We were all disappointed because we expected at least 10 students to attend. However after 5minutes, two more students joined our class. Now we had 3 students and one of them was the human right coordinator of YMCA, Meranga.

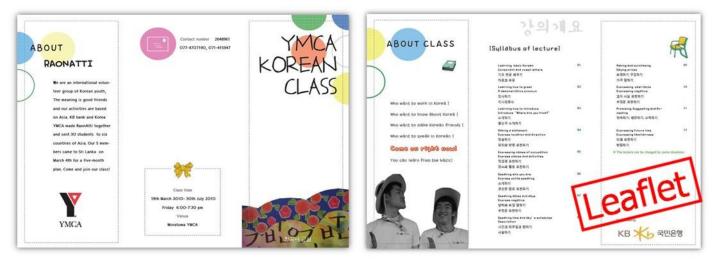
We began the class with collecting information of the students. On the white paper given by us, they wrote their names, ages, jobs and purposes of attending this class. After that we distributed the handbooks we made. Maduri was the main teacher and each of members became a private tutor with a student. At the middle of the class, students suddenly increased to 10. Teenagers chatting and hanging around outside came and joined the class. We taught the conversation first. "An Nyung Ha Se Yo", "Man Na So Ban Gap Soup Ni Da" Korean phrases came through their mouths and filled the classroom. Some students were so smart that they easily understood what we taught. We gave them some homework to write Korean alphabet they learned today. We hope that all the students do their homework and come to our class next Friday.

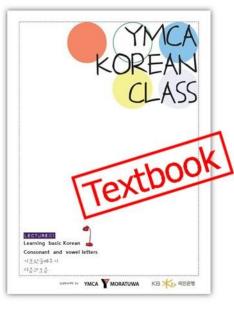
By MADURI

ISURU I couldn't do well because it was my first time. However, I could be changed to do anything when I saw teammates who were enthusiastic about teaching Korean. Furthermore, there were some people who wanted to work in Korea. Thanks to awkward pronounces, I enjoyed laughing, and I was happy to teach Korean. MADURI I like teaching something. I have taught children English many times. But I wanted to teach Korean as well. So this Korean class was an opportunity for me. I am a main teacher of the class and I am satisfied with that. Most of the students concentrated on the class and did very well. However some students couldn't get their own teacher and seemed to have difficulties to follow. Next time I should break the class into small groups and make it more efficient. PIYUMI Although the class began on time, there was only one person; it made me nervous. How we do Korean class? However as time was passing, some people came to the class due to learning Korean language. The class was full of about 10 people. It was very difficult for me to teach something. SANDUNI Korean, which is called Han Guel, is scientific language. Korean could look like being hard compared to Sinhalese which looked beautiful. Many Sri Lanka people wanted to learn Korean for working in there. I couldn't provide job for them, but I hoped the class could be helped for them. LAHIRU About ten people came to the class. They enjoyed how to speak Korean and how to make words. When they understood meanings and principles, they asked questions a lot. They were good students to make us happy. Some people were interested in Korean girls, so they used to ask who Sanduni was. Most importantly, I could learn new Sinhalese from them.

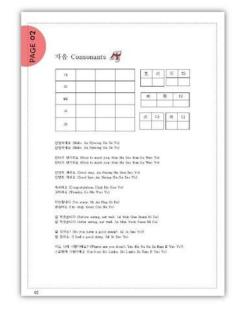
+ KOREAN CLASS

Leaflet & Textbook















7004/



17. VISITING UNDERPRIVILEGED CHILDREN

Flies. Maduri talked about when she was in India. "If you see how to dry Mango, you cannot eat that seriously." Many flies put on the yellow Mango, and rose to the Sky like a storm. A weather was hot and damp because of the river. Houses were built by weak woods which could be destroyed easily. There were a lot of trashes and garbage rotten around houses. Many flies were rotating in the air from the entrance to the river.

When I thought about one girl who grabbed my hands, I didn't want to say about flies first. However, I couldn't also say about the children because the poor environment was very shocking. I used to hesitate to grab children's hands because of flies and decayed environment.

RaonAtti team would be going to teach English and Sinhalese for children. They visited the poor and greeted them talking each other and sitting around the entrance. Also, many children welcomed RaonAtti team as smiling and looked shy. One elder said "A U Bo Wan", but his tooth were decayed and looked like blood pus.

By SANDUNI

ISURU We visited the poor village for children who couldn't be educated due to poverty. It was more serious than what I imagined. There was no washroom and bathroom, so the poor people should use public those. Most importantly, it was same for the poor children to have pure eyes and good smile. In summary, it was inconvenient for me to see children who couldn't be educated basically.

MADURI The place was closer to YMCA building than I thought. Their environment was poor enough. Small needy houses were attached each other and the alleys between houses were too narrow to pass for two people. Bad smell and dirty water was everywhere. However, when we faced people passing through the alleys, everyone greeted us with a bright smile and looked happy. It was quite weird to me. Maybe I am living with too much greed.

PIYUMI When I arrived at the village, I smelled something strange. Trash and food garbage were rotten near the river, and many children couldn't wash to cause dangerous hygiene. Above all, I looked my good shoes as recognizing children who didn't take shoes. It made me painful to think about life.

SANDUNI I couldn't communicate with the poor children. I could just speak with English. They couldn't be educated, so I was responsible to taking care of them and preparing how I could do. It didn't matter about appearance, but I was afraid of having a prejudice made by first impression. I wanted to be a teacher who would give them hand first.

LAHIRU The poor children were accustomed to flies and living near deteriorated river. However, they followed RaonAtti team with pure smile. Between houses and houses, there was a way for only one person. For me, it was very small and uncomfortable to walk the way. On the other hand, it could be comfortable and familiar for the poor people to walk the way.





When 16 March 2010
Where Riverside
What Meeting the underprivileged children
Participant 3rd RaonAtti, Ashoka



When 20 March 2010

Where Moratuwa YMCA

What Dancing Participant 3rd RaonAtti girls

TO BE CONTINUED...

18.DANCING CLASS

On Saturday, 20th March 2010, it was gradually getting enjoyable since I joined Dancing Class on last Saturday. Every Saturday morning, we were always busy to join the class at 8 o'clock. Isuru and Lahiru joined Taekwondo class on the second floor, but Maduri, Piyumi, and I joined dancing class on the first floor. In the class, there were various people from 4-year-old girl to beautiful lady who is taller than me (I am 157cm kkk:). Various people, who have different ages, became one as dancing. When the dancing teacher beat a drum, everyone acted in its rhythm. It was soft and the movement which was similar to Korean traditional dance was moderate. Sri Lanka dance was more simple than Korean dance, and some movements were changed by lyrics. I couldn't understand Sri Lanka lyrics, but imagined a woman who was beautifully decorated; for instance, it was like wearing earrings and arranging hair. Some movements looked like a bird or a butterfly. The floor was cements, so it made sounds cheerful. In the class, I always thought I should do my best whenever I saw children focusing on dancing sincerely.

By SANDUNI

MADURI Now I know how to greet the teacher at the start and finishing time. I am getting familiar with the dancing motions and I think I am better than last time. What I have to memorize is the order of motions. Everyday is a good experience for me. PIYUMI Since I had joined Dancing class, I felt hard. I tried to do my best, but it was very long for me to take an hour in the class. However, it was very enjoyable, and I would be better next time. SANDUNI When I made a bow to the instructor, she touched my head. Despite the fact that I was a foreigner, she treated me sincerely. I thanked her and wanted to talk a lot. Although I couldn't speak a lot, I will do my best through dancing.

19. WISITING

KOREAN EMBASSY



One of what we should be careful is that our behavior make a part of Korean image regardless of our intension. It means that each of us can be a private diplomat. It is true. 'Private Diplomat' is also said from a meeting of Korean Embassy in Sri Lanka. It made me consider that we are Korean and the reason why we are in Sri Lanka.

After eating lunch, we went to Colombo with Ssambat, Nihal, and Laxian. Because of busy Embassy schedules, we could meet after trying several times. When I went to Korean Embassy, I felt I came back to Korea. The embassy was curious about activities of RaonAtti, and worried about their safe matters. From now on, it would be great for RaonAtti activities if Korean Embassy and YMCA cooperate each other. I hope it would be continued that next RaonAtti and Junior RaonAtti can visit the Embassy, communicate with the Embassy officers, and think about an attitude of Korean. As I registered resident abroad to stay Sri Lank for 5 months, I could get English book written about Korea. That day, Taeguk symbol of Korean Embassy reminded me of Korea so much.

By SANDUNI

ISURU I expected to see Korean people, and was curious about how Korean embassy looked in Colombo. When we arrived at Colombo, we looked around and met other coordinators of YMCA. Everybody came, and went to Korean Embassy in Sri Lanka. There was a neat garden, cool inside, Korean companies' logo, and a picture of president; I thought about Korea for a moment. I was impressed with serious atmosphere of Embassy conference room where we met a director of the Embassy. The director was worried about our safe and cheered various projects. Also, he hoped to support RaonAtti team. Then, we took a picture with him and solved visa problem; it made me cool and pleasant. MADURI We visited Korea Embassy in Colombo. Several times of calling, we barely made an appointment with the embassador. I was a little bit nervous to see him, but so glad to see Korean people and hear Korean language there. He promised to support us when we need in broadcast field. It was a good experience for me. PIYUMI_It was very proud to go Korean territory in Sri Lanka. I expected that generous and familiar a director came to us, but businesslike director showed. As I expected a lot, I was disappointed too much. SANDUNI I missed Korea when I met Koreans. I thanked a director of Embassy despite of busy schedule. However, it was very short time to meet and talk each other. I registered foreigner in Sri Lanka, so text messages were no more come to me from the Ministry of Foreigner Affair and Trade. I realized that I was in Sri Lanka when I saw Korean books and felt unfamiliar. LAHIRU This was very official things for me to visit Korean Embassy in Sri Lanka. There was full of honor and intelligence compared with volunteer activities. In case of volunteer, there were natural clothes, strong health, and happy passion.







When 18 March 2010

Where Korean Embassy of Sri Lanka

What Meeting the embassador of Korea

Participant 3rd RaonAtti, Ashoka, YMCA old members.

20.SINHALA

ISURU I expected Sinhalese class, and I was curious about who would be our teacher. Sampath? Waruni? The answer was Ashoka! The class began from two to four as learning Sinhalese alphabets. Total alphabets were 37, but we learned 18 alphabets. Furthermore, everyone made sounds as following Ashoka's saying and wrote alphabets on notebook. When everyone pronounced, Ashoka corrected wrong sound and shapes of mouth for right pronounce. I focused on the class like a curious child. Finally, there was a lot of homework from strict Ashoka teacher. Ashoka~it's too much~!

<u>MADURI</u> I learned 18 letters of Sinhalese first time but there are more! They look so round and cute. I like to learn other languages and pronounce it. Someday if I can talk in Sinhalese fluently, I can understand Sri Lanka people much better.

PIYUMI It had been first time to study Sinhalese since I was born. I had already Sinhalese books made by Korean Volunteer group, but I was not interested in that. Rather than, I wanted to face real society of Sri Lanka. As I met Sri Lanka people, I would desire to learn Sinhalese. I learned just a part of Sinhalese alphabets in Sinhalese class, but I was looking forward to improving my language ability. Ashoka taught me Sinhalese sincerely, I felt very familiar about the class. I hoped he gave me a little homework such as writing a half page, not a page per alphabet.

<u>SANDUNI</u> I envied other five RaonAtti teams because we couldn't learn Sinhalese in Korea. It was first time to take Sinhalese class. Ashoka was very good teacher; his pronounce was more likely soft to hear easily. It was fantastic for me to learn beautiful language. Whenever I took the class thoroughly, I would repeat what I learned in the class. I hoped I could be native speaker in Sri Lanka.

<u>LAHIRU</u> Before coming to Sri Lanka, I learned Sinhalese privately. I tried to meet any Sri Lanka people on a street. To learn another language, I should be outgoing to cognize the language. In the class, I tried to stand up due to sleeping. Grammatical class was bored for me, but I should be careful to take class. I needed to learn Sinhalese from basic stage.









LAHIRU, MADURI, PIYUMI

When 17 March 2010

Where Moratuwa YMCA

What Learning Sinhalese

Participant 3rd RaonAtti, Ashoka.



When 19 March 2010 Where Moratuwa YMCA What Children's club articipant 3rd RaonAtti



SURU I was sorry that I couldn't prepare for the class well because the class was scheduled suddenly. However, I played Korean games with them who gave us smile. There were many children such as twins who always come to us, one child who like Michael Jackson, and the others. Lwas not talkative, but language didn't matter to communicate each other. I felt good to share such communication despite different language. On the other hand, It was complex to remember children's name.

MADURI This time we had to lead the children's club without any notice prior to it. However we led the class doing some stretching and games. The more we spend our time with children, the closer we become. I played Korean hand game with girls and they let me know their games. One game we played was very similar with Korean children game. I think children are just the same in any countries.

PIYUMI I was embarrassed because I should join Children's club suddenly. However, I enjoyed that time as playing with children and sweating cheerfully. It was great for me to share friendship each other. Nowadays, I couldn't exercise regularly, so I was hard to breathe. I thought children who made me happy because they called my Sri Lanka name, Piyumi. I decided to be human and familiar with children.

SANDUM Despite the fact that the class began suddenly, I thanked Lahiru who advanced that. The time, which I spent with children, was always higher than what I expected. Everything was fun and enjoyable. We would start and manage classes on first week of April. At that time, I hope many children would like to participate in our class.

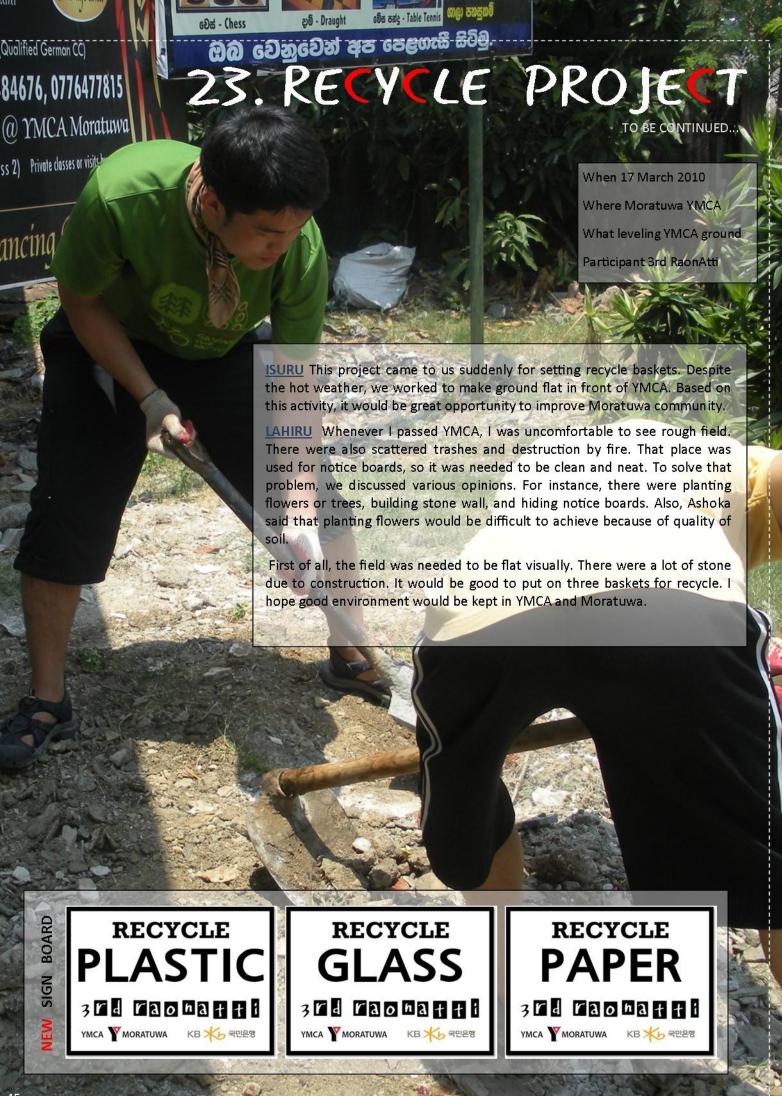
LAHIRU Whenever I played with children, I felt children had same emotion such as shouting. Their face was full of vigor and energy. I experienced to teach Taekwondo in Canada, so I could enjoyed the time as moving body and sweating a lot.







This time, exceptional thing. We have a class: Every 1st week!



We visited the Elder's home which takes five minutes from YMCA. We couldn't see the inside because the elders were taking a nap when we visited. We talked outside with Ashoka and took pictures of facilities' garden which seemed good for comfortable mind. Next week, our project would be to paint rusty frame of elder facilities. We should take off all frames' rust and paint the frames in white color. We expected that Elder facilities would have white frame. However, we decided to progress this project in detailed plans because the painting was what we didn't usually do. Ashoka asked, "You can do it?" Everybody said, "We can do it!!!" We came back to YMCA with expectations of the new project next week. Ashoka emphasized the importance of time management whenever we do projects.

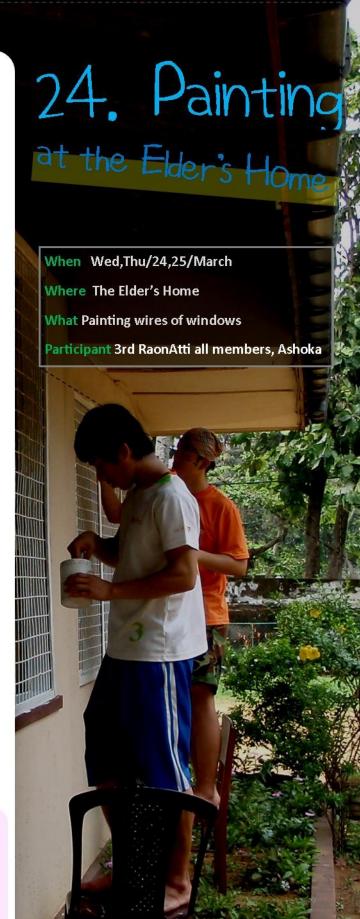
After visiting last week, painting project started. However, we were worried about the project because it was rainy in the morning. Sanduni, Isuru and Ashoka went to Elder House to check a possibility of painting. Ashoka decided to paint, so 3rd RaonAtti team started to paint the Elder's House. Working speed was slow because we were unskillful to paint the frames. Maduri got a blister on her hand. As time passes, we adjusted to paint, and improved working speed. We found proper positions for effective working. In addition, when we were painting, elders tried to speak something with us. For instance, they said, "What is your name?" We answered in awkward Sinhalese and English "My name is Isuru" and we could be their friends. Everybody focused on painting, lunch time came in a moment. We ate delicious Curry and Yogurt, and worked hard in the afternoon. The work was so repetitive that it made me tired and bored. However, the working was continued by singing, laughing and joking and we were satisfied.

Next day, it was busy to do many things. We needed to go Elder's home early and focused on the project. We divided into two groups. 'A' team was Ashoka, Piyumi, Sanduni, and 'B' team was Lahiru, Maduri, Isuru. Women teammates painted lower frames, and men teammates took high frames. It was more effective than yesterday. Although we were suffered from swelled foot and tired shoulders, tea time was good energy for us. Furthermore, Ashoka made us laugh with dancing and singing Banana song. We couldn't finish the project perfectly, but everyone did their best in each position.

BY ISURU

SANDUNI It took a long time to paint Elders House above my guess. One of reasons was that there were a lot of wires to paint, not walls. What about changing wires into new one? In Sri Lanka, I heard that painting labor cost was very expensive. I wondered whether it can be recognized if I paint the thin wires, but the house looked more neat and it was worthwhile.

<u>PIYUMI</u> From last visit to this visit, I felt something familiar; I don't know why that emotion came. I was confident about painting because I did that several times before. However, it was difficult for me to paint frames of windows this time. Thanks to elders' interest and love, I could finish this project well.



PICTURE

MADURI I had never done painting job before. I recognized the existence of 'thinner' for the first time which make paint thinner and clean up the floor messed up with paint dots. There were many old ladies living in small rooms which are like Gosiwon in Korea. They looked peaceful and calm, but I doubt whether they are happy or not. Maybe not. Sometimes they just sat in a chair looking away or reading newspapers. But most of the time they liked talking with us. I imagine their routine. Getting up, every meal time with the bell ringing, talking with the same person yesterday, sleeping in a small room without a fan...It's too much boring. Anyway they were really nice and sometimes encouraged us cleaning the floor with thinner. I think it was a good experience both physically and mentally.

LAHIRU There were so many frames to paint in Elder's Facilities. I needed to paint slowly because it was first time. In there, grandmothers stared at what I was painting for a long time. I looked her eyes, and felt agony of elders. It was something about life. I learned to be slow, delicate and patient from painting. For two days, we painted a half of frames of Elder's facilities. That made me unsatisfied about lacking of time and diligence.

Pain-ting Pictures CARNOT

Blending Paint



Glory Hands



Tools & Paint



Painting Outside



Tea Time



Completion



When Friday/26/March
Where Lunawa Hospital
What Distributing herbal drink
Participant 3rd RaonAtti, Ashoka





On March 26, RaonAtti team woke up at 5 o'clock to prepare Herbal Drink. They became accustomed to blending, squeezing, filtering and boiling herbs. 3rd RaonAtti team decided to divide their assignments related to the Herbal Drink. They were responsible to take each parts of the project. For example, Sanduni and Piyumi were blending herbs alternately. Isuru and Lahiru were squeezing and filtering herbs to get the drink. Maduri were cooking rice and garlic to put in the drink that would be boiled and blended. Despite RaonAtti team had breakfast a little; they concentrated on making Herbal Drink for people waiting in Hospital. When they put salt in Herbal Drink, their sweat was also put in there because of hard-working personality. In other words, their sweat was transformed into salt; they were hard-working type of people. After making Herbal Drink, RaonAtti team took taxi called 'Bajaj' to go to hospital. They arrived at hospital and distributed Herbal Drink. The drink effects would be great for some people suffering from diabetes. It would make them healthy and wholesome to prevent deterioration from the disease. In this time, they changed roles each other; for instance, Sanduni distributed the drink with Ashoka. Maduri and Piyumi collected cups which patients once used. Isuru and Lahiru washed those cups. Time passed fast, and many people smiled softly as saying 'Delicious, and Thank you.' RaonAtti team decided to recognize how this project would be effective for people suffering from diabetes. As like herbal drink looked green, their life would be vital cheerfully.

BY LAHIRU

<u>SANDUNI</u> At this time, I distributed Herbal Drink to patients. There were some diabetes patients who got notes related to records of life. In procedure of making Herbal Drink, Some Sri Lanka rice was put in there. That's why many people left rice. It made them uncomfortable and difficult to drink. Is there any good idea to solve this problem?

<u>PIYUMI</u> I could prepare herbal drink fast compared to last time because I became accustomed to making the drink. When there was a burnt smell of mixer, I felt fearful. However, I endured that and tried to work hard. I was worried if somebody took a cup, so I should look around nervously. Many patients drank the beverage deliciously, so I thank them.

MADURI I feel this job so much valuable every time. This time also many patients came to drink. They all said "Thank you" while they were taking the drink and returning cups. However the important thing about this drink is that it is only for diabetics. We can recognize diabetics by their daily diabetic notes. I should strongly keep this rule next time.









LAHIRU Thanks to Herbal Drink project, I became accustomed to waking up early morning. I could feel fresh air of dawn, and heard various birds' sound. In the hospital, patients drank the herbal beverage, and said 'Thank you'. It was just one or two words, but it caused happiness.

ISURU It was a little hard for me to wake up at early morning for Herbal Drink, but I couldn't comprehend how the morning time passed because I was busy to wash cups. In this week, I was wrong to put cups on the ground because it might cause disease from germs. I would be careful to keep hygiene next time.

26. Korean Language Class

Date 26/3/March

Time 18:00 ~ 19:30

Place YMCA

Participant RaonAtti 3rd batch members, students

Every Friday is the busiest day of the week. In the morning, we make herbal drink and distribute it at the hospital. Afternoon, we take Sinhalese class and sometimes we lead Children's club. The last program of the day is our Korean class.

At 18:00, the class room had been still empty. We were expecting the students who came to the class last time to come again but a little bit disappointed. Ashoka said, in Sri Lanka, people are usually late for 30 minutes, so we don't need to worry.

After 30 minutes, it turned out to be true. Veranga, the human rights coordinator and our student at the same time, took more than 10 children to the class. I was lack of handout in 10 seconds and the class room was full of young students whose ages were between 15 ~ 17. Most of them were learning Korean for the first time, so we started to teach from the Korean alphabet again. Children followed the class very well but there were two adult students feeling bored in the corner of the room. One of them was the smartest and passionate students, so Sanduni took the student outside and had one to one class. Maduri standing in front of all the students led the class, and Isuru, Piyumi, Lahiru sat beside of children and corrected them if they speak and write wrong. All the students were like baby birds with big opened mouth waiting for their mommy bird to feed them. They absorbed what they learned like sponge and their pronunciation was also very good. Maybe next time we will break the class into two such as high and low according to student level.

BY MADURI

MADURI Teaching children was familiar with me, because I taught children English many times before in Korea. Although I am not sure that how much learning Korean will be helpful for children, I think spreading Korean language in the world is quite valuable and attractive job. Somebody might say that it is imperialistic. However, in Asia, we communicate each other only through English. I think that is so sad and catastrophic. There are thousands of languages in this world but there is only one language through which we understand each other, and the most important thing is that English is not Asian language. Every Asian speaking all the Asian languages is impossible. Then, if there is one more language in which all Asian people can speak, and if it is Korean language, how would it feel? As a citizen of Korea, if many people in the world speak and love Korean language, I think it would be great and so much proud.

<u>LAHIRU</u> At that time, I was so tired. There was a little energy to speak Korean, but many people spoke Korean loudly and learned joyfully. I needed to control and manage my condition. Occasionally, I imagined I spoke Sinhalese and Sri Lanka people spoke Korean. I will try to speak Korean and Sinhalese.

<u>PIYUMI</u> Many students joined Korean class compared with last class. It made me joyful, but I was sorry about that I didn't prepare extra teaching materials for some children.

<u>SANDUNI</u> There was special student who took Korean class from 2nd RaonAtti team. I guessed that he studied hard; therefore, he was good at speaking Korean. Because of high ability, he got an individual tutor. As I enjoyed Sinhalese class, I hope he would be pleasant to take Korean class. I would do my best without private mind. Kkk(he is 19-year-old boy.)



27. SHINHALA LANGUAGE CLASS

On March 26, there was RaonAtti team who came to Moratuwa YMCA for studying Sinhalese. The class began since last Wednesday, and this was second time. RaonAtti team waited for Ashoka, who is Sinhalese teacher and coordinator, for an hour. When they looked at 7 cockroaches which attached on wall and got feared, Ashoka came to the class gaspingly. He inspected homework thoroughly and pointed out some problems and wrong things. He said 'If you didn't homework, you would go out!' They were afraid of that saying. The class was continued subsequently, and ended for next class.

BY PIYUMI

<u>SANDUNI</u> It was Sinhalese class with 7 cockroaches. I saw Sinhalese alphabet one time and cockroaches one time. I couldn't focus on the class. Finally, I learned every Sinhalese alphabet, but it was very difficult for me to remember those. Sinhalese alphabet could look different due to various style of writing.

<u>ISURU</u> Last class was canceled on Wednesday, and this class was scheduled on Friday. It was very busy day due to a lot of homework. In addition, it was hard to pronounce Sinhalese in the classroom. Ashoka was not satisfied by my homework, so I needed to write again. Well, I was curious about what I would learn next class.

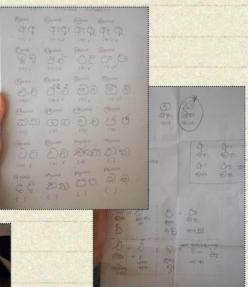
<u>PIYUMI</u> Ashoka said that if you didn't homework, you would have gone outside. That's why I was agonizing whether I would do homework or not. However, I would like to do homework hard, and join next class.

MADURI There are 37 alphabets in Singhalese. Today we learned 13 more alphabets added to 18 alphabets we learned last time. I like the way of learning. Although sometimes we're too busy to do homework, I like learning Sinhalese very much!

<u>LAHIRU</u> I was a little nervous because of a lot of homework. Since I became university students, it was first time to write a page per an alphabet. It made me crazy, but I should write every alphabet as student studying Sinhalese. I would like to speak Sinhalese rather than writing. However, I will be interested in writing Sinhalese class.









LAHIRU IN THE CLASS



SHINGHALA HOMEWORK & SELFSTUDY When 26 March 2010

Where Moratuwa YMCA 3rd floor

What Sinhalese Class

Participant 3rd RaonAtti, Asshoka

MADURI & PLYUMI + Let's Learn Shinhala

Alphabet







DAyanna

BABAyanna















Ayanna

Aayanna

Ayeanna

Aeyanna

Eiyanna

Eieyanna

Uyanna















Uuyanna

Eyanna

Eeyanna

Oyanna

Ooyanna

Kayanna

Gayanna















Jayanna

Tayanna

Dayanna

Nayanna

Nayanna

Chayanna









Yayanna



Payanna

Tayanna

Dayanna

Layanna

Bayanna

Mayanna



Rayanna













Sayanna

Wayanna

Hayanna

Layanna

ANGyanna

Gayanna

Dayanna

When Saturday/27/March

Where Moraruwa YMCA

What Sri Lanka Cultural Dancing

Participant Piyumi, Sanduni

TO BE CONTINUED...

28. Dancing Class

STEP BY STEP



Second movement





Maduri had some prickly heat on her back. She couldn't sleep well last night, and her condition was very bad. That's why Piyumi and I joined the class without her. (I wished she would be good and healthy!). What I learned today was to make two double rounds and do group dancing. I was taller and heavier than children, so I felt I was like a giant. There was an instructor who could help us whenever we couldn't follow dancing. She looked beautiful and young as teaching children and checking our movements.

Especially, it was interesting for me to see that many parents came to the class and watched their children. Sometimes, I felt nervous because of their lovely looking. Maduri was good at dancing and following movements due to her flexibility. Piyumi was also good at dancing, especially, in a part of spreading out legs. I guessed I was lack of musical ability. Dancing steps not only looked simple, but it was also complex. When I was correct about dancing feet, my hands were wrong. Otherwise, my foot and hands became opposite. I thought I was lack of musical ability.

When I went to Colombo, RaonAtti girls bought cheap 'Sari's. I hoped to dance sincerely as wearing 'Sari' on someday. Dancing class uniforms were similar to ballet: its color is black. Children's slim body looked slender because of the uniform. I thanked my dancing teacher who cared about RaonAtti girls.

BY SANDUNI

<u>PIYUMI</u> Dancing teacher taught me some movements step by step because she was very thoughtful. On the other hand, I was sorry about what I couldn't follow dancing class. I would do my best next _____ class.



















29. Taekwondo Class



TO BE CONTINUED ...

On March 27, there was second time of Taekwondo class; Taekwondo members became 8 people. Some children waited for Isuru and Lahiru because the class would be begun at 8 o'clock. In addition, they didn't eat breakfast to join Taekwondo class. It made Isuru and Lahiru bittersweet; they were happy about coming children on time, but sorrowful about hungry children.

However, the class was begun with their confident shout. When Isuru and Lahiru counted numbers in English, children didn't want to count loudly. On the other hand, they counted joyfully when Isuru and Lahiru counted Sinhalese numbers as stretching and warming up. Children, Isuru, and Lahiru were fascinated with Taekwondo class.

Isuru repeated low block, middle block, high block, and punch. Children followed him seriously, practiced block and punch again. When some children didn't focus on the class, they needed to suffer punishment such as push up 10 times. Gradually, they listened instructors' saying and respected instructors. A hour passed fast, and sweat flowed on their faces and bodies. They were looking forward to playing Taekwondo next Saturday as saying good bye.

BY LAHIRU

ISURU I promised coming to YMCA at 8o'clock with children. I couldn't forget their serious eyes which focus on Taekwondo. Furthermore, I could be familiar with them as shouting and sweating. They could focus on playing martial-arts due to male. However, I got hurt from my foot, so I couldn't concentrate on the class enthusiastically. I was sorry about that.

<u>LAHIRU</u> Taekwondo members were increased by 8 people. It made me pleasant to play Taekwondo together. Some children tend to play in the class, but everyone was serious to practice Taekwondo. Their attitudes were very enthusiastic and ardent about Taekwondo.

When 27 March 2010

Where Moratuwa YMCA

What Taekwondo

Participant Isuru, Lahiru, YMCA children

TO BE CONTINUED



Piyumi and Ashoka played a funny Badminton. Sanduni and Angeli learned Badminton from Vipluri and smiled each other. In addition, Isuru and Lahiru prepared individual rackets and tried to make relationship with children. There was an opportunity to play Badminton together. We, as RaonAtti and Moratuwa children, wanted to become friends. Most importantly, they were willing to be friend for us. I could feel that as playing Badminton. From now on, I didn't need to promise them, I could see them every Saturday. This was the end week of March. I couldn't wait for the first week of April.

BY ISURU

ISURU I tried to make an opportunity to be familiar with children, so I prepared Badminton racket with Lahiru for Badminton class. It was more likely active class due to many rackets. In addition, I enjoyed time sharing Korean songs and Sri Lanka songs with Sashen, Battum, and Yanus.

SANDUNI I couldn't racket. I would join Badminton class after purchasing racket with Maduri. For me, I had a pen pal; I started to give and receive from last week. In the class, I played Badminton, and talked each other.



It is not important for me to be a friend as following ages, sincerely. In other words, I could make friends regardless of ages.

+ isuau

PIYUMI In last class, I just watched how to play Badminton. However, some children gave me rocket, so I could play Badminton. In next week, I would be changed into mode of watching, and hope that many children could play Badminton. I

LAHIRU n the class, there was lack of rackets to play Badminton. I felt comfortable to play badminton because I bought rackets.

Thanks to additional two rackets, two children could play Badminton. As children, they have a right to play and enjoy anytime in anywhere.



When 27 March 2010
Where Moratuwa YMCA
What Badminton
Participant 3rd RaonAtti,
Asshoka, Jaerath,
YMCA children



우리가 들려주는 라이야기



스리랑카에 살고있는 우리 이야기

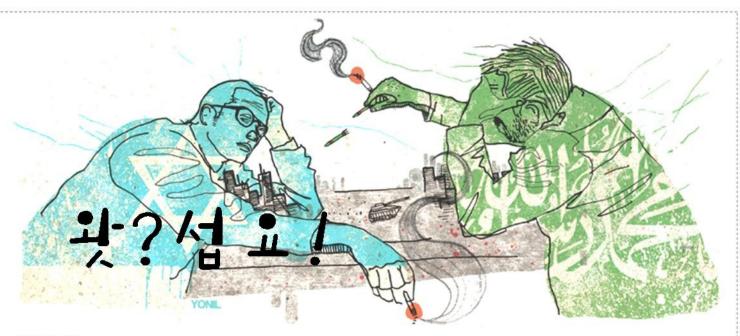
류금선_ 왓?섭요!

이승찬_ 요리보고 조리보고

최선화_ 스리랑카 이모저모

노하현_ 오만과 편견





Episode 01

스리랑카에 와서 전 많은 걸 느끼고 있습니다. 그 중 저의 섭섭함도요,

어느 날이었습니다.

현지 코디네이터인 아쇼카가 제가 잘 먹지 못하는 커리만 사주겠다고 저를 놀렸습니다. 전 순간의 빡을 참지 못하고 아쇼카에게 쪽지를 정성스레 남겼습니다. 이렇게요~

'Ashoka bed man'

그렇습니다. 아쇼카는 침대 남자였습니다. 왓? 섭섭해요 __;;

Episode 02

전 스리랑카에 와서 커리를 그다지 좋아하지 않아서 점심을 카레로 먹은 날이면 그 날 저녁에 밥을 왕창 먹습니다.

그날도 그랬습니다. 전 배가 몹시 고팠습니다.

저녁 메뉴는 돼지고기 볶음밥. 귀여운 돼지고기들이 밥을 이불 삼아 나란히 섞여있었습니다.

순간 밥에 눈이 먼 저는 "하현아 누나 Poya고기 많이 줘~ ."

그렇습니다. 전 부처님 고기를 달라고 했습니다.

미쳤나 봅니다. 전 불교신자인데요…… 왓? 섭섭해요 __;;

Episode 03

스리랑카에 와서 전 좋은 사람들을 많이 만나고 있습니다. 그 중 우리의 코디네이터인 아쇼카와도 친분이 생겼습니다.

그 날은 유난히 아쇼카에게 문자를 보내고 싶었습니다.

그래서 메시지를 열심히 작성했습니다.

'Good Light' 전 그저 '잘자'라고 보내고 싶었을 뿐인데……

미쳤나 봅니다.

그 날 저녁 아쇼카는 자신의 집의 조명을 체크했다고 합니다~~~

왓? 섭섭해요 --;;

섭섭한 저의 나날들이지만 이곳에 와서 유난히 사람답게 사는 법을 배우고 있는 것 같습니다. 음식이 가끔 입에 안 맞을 때도 있지만 괜찮습니다. 전스리랑가가 참 좋거든요 ^^

다음 번 호에도 다시 만나 뵙길 바랍 니다. 에피소드가 생기는 한….

BY 류금선

요리보고, 조리보고 + 장보고

장조림+계란국

다들 현지에서 음식이 어떠신지? 현지에서 무엇을 드시고 계실지…? 이제 고추장이 그립고, 김치가 그립죠? 저희 랑카팀은 매일 아침, 저녁은 직접 준비해서 먹습니다. 한국음식이 그리워 조리할 때 한번씩 한식을 시도하려고 노력한답니다.이번 달음식 메뉴는 [장조리]입니다. 원래 소고기로 해야 맛있는데, 소고기가 없어서 돼지고기로 장조림을 시도했어요.

Before Cooking













감자 큰것 2개

돼지고기 한근

계란 2개

다진마늘 3개

파 한쪽

설탕 간장 후추 소금 물















- 마늘 1쪽은 통마늘로 나머지 1쪽은 다진 마늘로 준비합니다.
- 적당한 크기의 냄비에 손질 된 돼지고기와 다진 마늘, 후추를 넣고 버무립니다.
- **돼지고기 특유의 노린내 제거 / 약20~30분 정도 보관**
- -냄비에 통마늘과 물을 조금 넣고 센 불에 20분 정도 익힙니다.
- **고기 익은 정도 확인을 위해서는 포크나 칼로 찔러 핏물 확인**
- -준비 된 감자와 간장 5큰 술 넣고 약한 불에 10~15분 정도 조린다.
- **감자는 잘 으스러져서 마지막/현지 간장향이 달라서 간장과 소금 간을 같이**
- 마지막으로 입맛을 돋구기 위해서 설탕 반 술 넣는다.

달걀이 많이 없어서 삶은 달걀을 같이 넣어서 조리지 못해서 아쉬웠네요. 그리고 붉은 통고추를 첨가하면 더욱 좋은 맛을 즐길 수 있어요.^^

잠깐! 장조림만으로 부족하다면? 한국인은 국물을 마셔야 속이 풀리죠? 그래서 계란국을 자주 애용합니다. 끓는 물에 거품이 잘 난 계란과 다진 마늘을 넣고, 소금간을 한다. 그리고 송송 썬 파를 넣고 끓이면 됩니다.





더운 날씨 속에서 새콤 달콤함을 즐기면서 식 욕 잃지 않도록 노력!! 그럼 다음 달 보고서에 는 닭도리탕으로 찾아 뵙겠습니다.

BY 이승찬

오만과 편견

BY 노하현

새벽

병장 Re/야이 때진짜짱 났어. 가뜩이나 새들이 열 라 시끄럽게 떠들어대서 잠 설치는 중이었는데 일 어나~~일어나!! 이러는데 정말 너 패고 싶었어. 흥!

<mark>남진/</mark> 사회적개념이 없어 □□□

<mark>제수카/</mark> 무슨 생각이었을 까?

휘송/ 군대빨리가라…

새벽 5시에 눈을 떠서 스리랑카 생활을 글로 적었다. 적막한 시간이 필요했다. 고독하고 싶은 마음이었을까? 글을 쓴다는 것을 누군가에게 보여주는 것이 부끄러웠을까? 혼자 글을 쓰는 습관이 있어서 그랬을까? 7시가 되자 이상하게 아드레날린이 솟아올랐다. 거성체조 음악을 기상 송으로 크게 틀었다.

양휘승 형은 3분 동안 꿈쩍 안하고 쿨쿨 잔다.

띨빠니 누나 "짜증나 숭리!"

제수카 누나 "방음 안되잖아~노래꺼!"

남진 누나 "군대가면 알꺼야!"

아침에 빵을 먹으면서 시끄럽고 짜증났다고 혼났다. 근데 나 웃음이 나 온걸, 꾹 참았다.

나 정말 미쳤나보다. 개념 챙기라는 말을 여전히 듣고 있다.

숭리와 양취숭

우리는 모라투와 YMCA 환영식을 받았다. 수공에 목걸이를 받았다. 많은 사람들이 우리를 기다리고 있었다. 승찬이 형은 그 순간을 잊을 수가 없 다고 한다. 꼬마 아이가 자신의 목에 목걸이를 걸어주는 순간이 아직도 벅차다고 저녁 먹으러 가는 길에 말했다. 많은 아이들과 어르신들이 YMCA 마당에서 우리를 바라보며 기다리고 있었던 환영식. 그런 귀빈대 접은 처음이라 나도 입을 다물 수 없었다.

2월 달에 사람들 많이 만나면서 술을 참 많이 마신 시간, 지원했을 때, 면접했을 때, 여수 훈련 때, 그때마다 감정과 생각이 다르다는 형. 무엇보다 모든 걸 배우러 왔다는 형의 솔직한 이야기를 들었다. 승찬이 형의 목소리를 오랫동안 들을 수 있어서 좋았다. 형은 누나들이 내색을 하지 않아도 누가 힘든지 어떻게 대해야 1하는지 조심스럽게 말했다. 난 눈치 없이 누나들이 힘든 것도 모르고 장난을 쳤으니 더 열 받게 만들었다. 내가힘들지 않다고 나만 즐겁다고 아무렇게나 말을 내뱉는 것을 삼가도록 신중해져야겠다. 특히 누나 2명한테 뚱뚱하다고 말하고 혼자 신나서 웃는어이없는 행동하지 않기.

달리기를 하고 싶은데, 마음대로 밖으로 나갈 수 없으니 집에서 미트 발차기, 팔굽혀펴기, 물구나무서기를 했다. 승찬이 형이 답답한 나를 달 래주었다. 한 2달이 지나야 달리기 할 수 있고, 당분간 YMCA에 가서 배드 민턴하고 웨이트 트레이닝 하면서 지내자고 했던 형, 프로젝트 하랴, 보 고서 작성하랴, 그럴 시간 조차 없다.

병장 Re/ 여자는 어려운 동물이거든~ 그러니까 네가잘해야해. 그리고 뚱뚱하다고 놀리면 죽는다. 나 라온 아띠 싸이즈 S입는 여자거 두?

<mark>남진/</mark> 아, 남하 나는 L입으 삼⋯

제수카/ 확실히 우리 승리는 조금의 눈치하고 필터링이 필요해. 군대가기전에 승찬이오빠한테 많이 배우려 ㅋㅋ

병장 Re/ ㅎㅎ 이 부분은 패스~ 꺄악~~제수카는 어 른이양~~ 난 아직 아가^^

남진/ 혈……….

제 수 카 / …………. ………...정말 이것밖에 없 니……………

희승 / 나히루…일기는 일 기장에 쓰길바란다…ㅋㅋ 제수카 누나의 논리력에 빠지는 중이다. 성매매라는 주제로 논쟁을 했다. 돈을 주고 여자와 그런 것을 한다는 것, 여자가 그런 대상으로만 여겨진다는 것에 제수카 누나는 분노 비슷한 감정을 드러냈다. 난 남자들이 그럴 수 있다는 것에 이해를 하지만, 난 내키지 않아서 하지 않겠다고했다. 제수카 누나의 날카로운 질문에 할 말을 잃기도 했다. 지독한 침묵이 이어지고 폐인트 칠만 했다. 논쟁이 이상하게 끝나서 서먹서먹했는데,

제수카 누나가 남자친구와 화상채팅을 하고 돌아 오는 길, 함께 같이 집에 왔다. 나도 참 세상에 찌들었나봐요 누나. 순수한 마음 다시 갖게 해줘서 고마워요 제수카 누나. 누나는 크게 웃으면서 잘 모르지만 그런 일이 일어나는 '한국 사회'가 무엇인지 말해주었다.

새벽 5시에 조용히 나온 나 때문에 까무러칠 뻔 했지만, 물 한잔 따라주며 마시라고 준다. 친 누나가 없지만 친 누나 같은 느낌, 그 때 들었다.

Picture Report를 처음부터 끝까지 틀린 철자나 잘못된 것이 없는지 꼼꼼하게 살펴보는 모습에 엄지손가락을 치켜 올렸다. 반면에, 꼼꼼한 모습에 무섭기도 했다.

띨빠니와 양휘숭

병장 Re/ ㅎㅎ 나의 유머는 정말 잘 통해.. 너한텐 안 보여줄까야. 나한테 빡치 게 하지말구~~ 세 번까진 참는다 난^^

<mark>남전/</mark> 년 금순이 한테 관리 쫌받아야해 ㅋㅋㅋ

제수카/ 금순이유머는 나이,종교,국적,남녀노소를 가리지않어 ㅋㅋㅋ 너는 결국에 너만 불행해지니까 금순이 너무 깔구지 말구.

희승 / 관리…철저하게 받고, d-day 까먹지 말고 철저하게 외우고 다녀라…병장님 신경쓰게 만들지 말고,,ㅋㅋ

집에서 여유롭게 컬투쇼 라디오를 듣고 수다를 떨었다. 띨빠니 누나와 연애에 대해 이야기를 했다. 여자는 남자와 달라서기념일 같은 걸 항상 잘 챙겨 줘야 한다는 조언을 해주었다. 마침 승찬이 형이 3월 14일에 누나들과 YMCA 여자 식구들한테 사탕을 주자고 몰래 제안했었다. 참, 사탕 같은 거, 주고 받기가 중학교 때가 마지막이었는데, 훈훈한 마음으로 돌아가 사탕을 누나들에게 주었다. 금순이 누나가 눈치가 빨라서 다 짐작하고 있었다. 그 안의 사탕이 맨토스라는 이름까지. 정말 접신하는 금순이 누나이다. 매일 큰 웃음 선사해주는 금순이 누나는 나한테만인상을 쓴다. 내가 누나를 2번이나 빡치게 만들어서 그렇다. 누나가 세 번째 빡치는 날은, 나 죽음이다.

내게 노예라는 별명을 지어준 병장 금순이 누나. 자기만 병장하고, 난 이동병이란다. 나중에 아들 이름을 '비'라고 지으란다. 노비. 참 나 미워할래야 미워할 수 없는 띨빠니 누나. 익살맞은 표정만 생각하면 피식 피식 웃음이 나온다. 여수에서 김일주 간사님, 스리랑카에서는 아쇼카. 코디네이터와 가장 살갑게잘 지낸다. 금순이 누나의 유머는 국제적으로 통한다는 것을 증명했다.

병장 Re/ 정말 남전은 덜 렁덜렁 맨날 남자바지만 입고 모기테러 시키고 완 전 미각도 없고 술먹으면 꽐라꽐라 그런데도 꼭 마 신다? 각종 문서들은 너무 잘 날리고 … 엔조이를 즐 기는 그녀...ㅋㅋㅋ 캬캬

제수카/ 전짜 남전은 참 날리는걸 잘 해 .. 이젠 남 전이 눈만 크게 떠도 가슴 이 철렁하다는..ㅋㅋ 미깍 은 또 극과 극이야 같이 음 식을 즐길 수가 없어! 근데 '통통한..' 부분을 너무 강조해놨다

희승 / 너는 글 속에도 필 터링이 필요하구나…쩝… 남진 누나와 한국에 전화하러 밖으로 나갔다. 남진누나는 엄마가 자신을 걱정하는 것이 싫어서 정수기 있고, 밥도 잘 나온다고 말했다. 집 짓는 공사 현장에 눈을 못 떼는 남진 누나. 정말 못 말린다. 자기는 남자로 태어 나고 싶단다.

남진 누나는 Picture Report를 작업하다가 저장을 잘못 눌러 날려버렸다. 왜 그렇게 사람이 칠칠 맞는지 정말, 마음이 찢어진다. 파워포인트 자료 날려, 동영상 자료 날려, 보고서 자료 날려, 휴...파일을 날리는 순간, 나도 맥이 빠져 그대로 드러누워버렸다. Picture Report 빨리 끝내고 다 같이 바다 보러 갈려고 했는데 아이구…못살아…카메라 잘 떨어트리고, 맥주잔깰 뻔 하고, 와장창창 누나이다.

술 한 모금만 마셔도 금방 빨개져서 꽐라 상태가 된다. 흑맥주를 마신적이 있는데 초코맛이라고 황당하게 만들기도 했다. 입맛이 까다롭지 않는 편이라 (자기 말로는 입맛이 싸구려라), 아무거나 다 먹는데 매우 잘 먹는다. 살 뺀다고 하는데, 통통한 지금 모습이 더 좋다. 하루에 한 번씩은 라임 식초 한 숟가락 먹는다. 스리랑카 칠리 가루에 환장해서 밥에 매일비벼 먹는다. 극도의신맛과 매운 맛을 즐기는 탓에 배탈이 나기도 했다.

집에서

제수카/ 양초 2개에 랜턴 하나였어. 랜턴 키고 샤워를 해야 하다니 흑흑 ㅜㅜ

희숭 / 껨이죠…ㅋ

남진/ 바퀴벌레보다 정전이 더 싫어요. 집에서 달콤한 휴식을 취하고 저녁을 만드는 중인데, 어둠이 닥쳐왔다. 정전. 랜턴으로 비추면서 볶음밥을 계속 만들었다. 승찬이형은 한석봉의 어머니가 되어 어둠 속에서 파인지 채소 뭐시기를 썰었다. 아! 상큼 샐러드, 오이와 상추를 썰었다. 옆에서 기연이 누나는 부채질을 해주면서 땀을 식혀주었다. 금순이 누나는 어둠 속에서 태연하게 샤워를 했고, 선화 누나는 샤워할 때 양초 2개가 필요했다. 어둠 속에서 빨간 양초가 은은하게 타올랐다.

〈계급과 신분〉

병장 = 킹 = 류금선

상병 = 퀸 = 최선화

일병 = 평민 = 양휘승

이등병 4개월차 = 오예(여자노예) = 김기연

이등병 1일차 = 노예 = 노하현

우리가 헤어질 날이 몇 일 남았을까? 갑자기 그 이야기가 나왔다. 149일. 띨빠니누나가 149일 밖에 안 남았냐고 슬퍼했다. ㅠㅠ; 정말 조금 밖에 안 남았구나. 하루, 하루를 더 소중하게 보내고 싶은 생각이 든다. 툭하면 농담으로 어서 헤어지고 싶다고 누나들이 말하지만, 누구보다도 정만 그럴 것 같은 사람들이다. 120여일 정도 남았는데 시간 참 빠르다. 스리랑카에와서 시간이 휙휙 지나가고 있다.







Mount Lavinia Beach에서 있었던 일이다.

처음으로 맞는 일요일이었다. 아직 스리랑카에 온지 얼마 되지 않아 보고 싶은 것도 듣고 싶은 것도 넘칠 정도로 많았다. 휴일에도 YMCA로 놀러 온 우리가 심심해 보였던지 코디네이터 아쇼카가 해변으로 놀러 가자는 제안 을 했다. Moratuwa YMCA에서 버스를 타고 20분 정도 거리에 있는 Mount Lavinia beach는 스리랑카에서 유명한 곳이었다. 버스에서 내려서 해변까 지 걸어가는데, 휴일이라서 그런지 거리가 해변으로 가는 가족들과 친구 들로 북적대고 있었다. 새로운 곳, 그것도 바다를 본다는 것에 들떠 있던 **화중에, 옆으로 바짝 지나가는 차를 피하느라고 급히 금선이 뒤로 위치를** 바꿔야 했다. 그런데 갑자기 내 허리를 집게손가락과 엄지손가락으로 살짝 꼬집는 듯한 느낌에 깜짝 놀라 뒤를 돌아보았다. 지팡이를 짚고 중년정도 되어보이는 스리랑카 남자가 바로 뒤에 서 있었는데 본인도 조금 놀랐는 지 황급히 "sorry"라고 하였다.미안하다는 말을 들었는데도 이상하게 기 분이 나빴다. 내가 갑자기 앞으로 끼어들어서 간격 유지를 위해 그렇게 한 것이겠거니 하고 상황을 이해하려 노력하면서 금선이에게 이 이야기를 했 다. 그러자 금선이가 하는 말이 내가 버스에서 내렸을 때 길에 서있던 어 떤 남자가 내 엉덩이를 손으로 만지려고 했고, 그것을 본 규선이가 얼른 나를 끌어당겨서 그 상황을 모면할 수 있었다는 것이다. 기분이 두 배로 이상해졌으나 곧 나타난 바다의 시원한 파도가 모든 것을 쓸어 주었다.

해변에는 사람들이 정말 많았다. 한 여름에 우리나라의 해수욕장을 연상 시켰는데, 모든 사람들의 피부색을 갈색으로만 바꿔서 생각하면 맛다. 바 닷속에 들어가 있는 사람들은 90%가 남자들이었고, 여자들은 별로 없었다. 수영복을 입고 있는 여자들을 한 번 봤는데, 그들이 전부였다. 아마도 보수 적인 스리랑카의 분위기를 반영한 결과일 것이다.

바다의 아름다운 수평선을 감상하고 있는데, 아까 내 뒤에서 허리를 꼬집었던 남자가 이쪽으로 걸어오고 있는 게 보였다. 오른손에 짚은 지팡이를 보고 단번에 그 사람임을 알 수 있었다. 옷은 온통 하얀색이었는데 차려입은 느낌이었고 느끼하게 생긴 얼굴엔 안경을 끼고 있었다. 뒤에는 따라다니는 남자까지 있는 걸로 보아 부유한 사람이라는 인상을 받았다. 금선이게 아까 그 사람이 저 사람이라고 가르쳐주자 금선이가 놀란 얼굴로말했다. "언니! 아까 내가 말한 사람도 저 사람이었어!"

아 기분이 정말 나빴다. 그 사람이 나를 의도적으로 쫓아오고 있었던 것이 아닌가. 내 표정은 썩을 대로 썩어있는데, 그 사람이 아쇼카에게로 다가와 서 말을 걸었다. 나는 근처에 있는 것조차 싫어서 뒤로 피했다. 한 5분간을 아쇼카에게 무언가를 묻고 듣고 하더니 시종을 데리고 그냥 가버렸다. 나 중에 아쇼카에게 무슨 말을 했는지 물어보았는데 충격적인 이야기를 들었다.





"He thought that you were Chinese and he asked me how much he could buy you." 그래서 아쇼카가 우리는 한국사람이고, 그런 일은 하지 않는다고 하며, 당신 맞고 싶냐고 했더니 황급히 가버린 것이라고 했다.

스리랑카 사람들은 우리를 보고 'white'라 한다. 그에 반해 자신들은 'black'이라고 표현하며 우리는 피부가 하얘서 예쁘다고 한다. 우리는 흰 피부 때문에 어둠 속에서도 모습이 다 보인다며 우스갯소리를 하기도 한다. 길을 가면 사람들이(특히 남자들) 대놓고 쳐다볼 때가 많다. 인사를 하거나 말을 거는 것도 대부분이다. 그들이 우리에게 관심이 많은 것은 단지 우리 가 신기하고 반갑기만 해서가 아니다. 피부가 흰 외국인 여자들을 성적 대 상으로 여기기 때문이다. 스리랑카 여자들은 성에 대해 보수적이고 수동적 이지만, 외국 영화에 나오는 '피부가 흰' 여자들은 매우 적극적이고 개방 적으로 보인다고 한다. 그래서 생긴 잘못된 편견이 피부가 흰 여성들은 이 미 처녀가 아니며 '쉬운 여자'라는 것이다. 우리에게 가장 안전한 장소인 YMCA도 예외가 아니다. YMCA에 가면, 10대~ 20대 남자들이 많다. 1층 입 구의 바로 오른쪽에는 한 개의 당구대가 넓은 공간을 차지하고 있는데, 그 곳은 언제나 포켓볼을 치려는 남자들로 가득 찬다. 몇몇 남자아이들은 포켓 볼을 치다가 우리가 지나가면 이름을 부르며 인사를 하기도 하고 미소를 날리기도 한다. 하지만 가끔씩 나는 그들의 눈이 우리를 주시하는 것을 느 낀다. 우리가 처음 왔을 때도, "아 쟤네들이랑 잘 수 있지 않을까"라고 말 하는 남자들이 있었다고 한다. 피부색에 따라 그들이 만들어내는 새로운 장 대는 우리를 그들로부터 어느 정도 거리를 두게 한다. 하지만 그들 개개인 이 모두 나쁜 성향을 지니고 있기 때문에 이런 상황들이 발생하는 거라고 생각하지는 않는다. 그들은 그들에게 익숙한 대로 행동하고 있을 뿐, 단지 우리가 서로를 잘 모르기 때문이 아닐까. 서로를 알아가기. 그것은 우리가 지금 이 순간 이 곳에 있는 이유이다.

마두리와 함께하는 랑카퀴즈

다음 스리랑카에 대한 문장 중, 틀린 것을 고르시오.

1. 아주 달고 뜨거운 차를 마시기를 즐긴다.

2. 옷을 입고 샤워한다.

3. 개 천지이다.

4. 쌀을 먹지 않는다.

5. 식후에는 술을 마시지 않는다.



마두리와 함께하는 퀴즈해설

정답: 4번

쌀과 빵을 주식으로 먹는다.

: 스리랑카 한께 점심식사의 90%는 쌀로 이루어져 있다. 밥보다 반찬을 많이 먹는 한국과는 달리, 쌀을 잔뜩 먹고 반찬은 조금 먹는다. 밥도 집에서 해먹는다기보다 사먹는 경우가 대부분인데, 일반적으로 밥과 함께 커리를 사먹는다. 커리를 먹을 때에는 대여섯개 정도의 반찬을 조금씩 덜어 함께 먹는다. 커리는 한 사람당 일반적으로 100루피~120루피(1000원~1200원)정도 한다. 비싸서 잘 사먹지 않는 볶음밥은 한국 사람들의 입맛에 꼭 맞는다! 반찬보다 밥을 많이 먹는 식문화는 스리랑카의 많은 아저씨, 아주머니의 배가 산더미처럼 불러 있는 이유 중 하나일 것이다. 아침에는 50%정도의 사람들이 식빵을 주로 먹고 30%정도가 쌀을 먹는다. 저녁에도 일반적으로 쌀을 먹지 않는다. 역시 식빵을 먹거나 꼬뚜 로띠, 에그 로띠 같은 스리랑카 특유의 음식들을 주로 먹는다.

- 1. 인도에는 '차이'가 있듯이 스리랑카에는 '떼'가 있다. 실론티로 유명한 나라답게, 스리랑카 사람들은 차 마시는 것을 좋아한다. 오전과 오후 식후에 한번씩 마시기를 즐긴다. 주로 마시는 차 종류로는 생강 맛이 나는 plain tea와 plain tea에 밀크파우더를 넣은 milk tea가 있다. 때로는 milk tea에 커피가루를 넣어서 마시기도 하는데 매우 맛있다. 그런데 이 차는 아주 달고 뜨겁다. 스리랑카는 평균 기온이 31도 정도 되는 더운 나라라서, 땀으로 배출되는 당분을 채우기 위해 설탕을 굉장히 많이 넣어 마신다. 차와 함께 먹는 간식들 역시 때로는 먹기가 힘들 정도로 달다. 또한 더운 기운을 이기기 위해 뜨거운 차를 마시는 것은 '이열치열'이라며 여름에 삼계탕을 먹는 우리나라의 문화와 닮아있다.
- 2. 모든 사람들이 다 옷을 입고 샤워하는 것은 아니다. 상대적으로 가난한 집에서는 우리가 일반적으로 생각하는 사방이 꽉 막혀 있는 집을 짓지 않기 때문에, 샤워실에 구멍이 숭숭 뚫려 있거나 아예 없는(!) 경우가 많다. 샤워실이 없는 집은 근처의 공용펌프장으로 가서 작고 기다란 수도꼭지가 하나 있는 주변에 서서 빨래도 하고 샤워도 한다. 이 때 가슴 아래로 드레스처럼 몸을 가릴 수 있는 옷을 입는다. 언제나 더운 나라이기 때문에 가능한 일일 것이다.
- 3. 인도에는 소판, 스리랑카에는 개판! 개를 사랑하는 사람은 스리랑카로 오라! 하지만 털이 길고 예쁜 아이들을 기대해서는 안 된다. 여기 사는 아이들은 모두 털이 짧은 잡종스타일이다. 주인 없이 힘들게 사는 길멍이들이 많은 것도 마음이 아픈데, 대부분의 개들이 피부병에 상처들을 달고 있으니 그 괴로움을 말로 표현할 수가 없다. 다 똑같은 개들인데 어느 나라에서는 집 잃은 개 주인 찾아주고 깨끗하게 씻겨서 분양도 시켜주는가 하면, 어느 나라에서는 온갖 질병에 시달리며 평생 거리를 헤맨다.
- 4. 우리나라의 술자리는 꽤 flexible하다. 반주를 하기도 하고, 식후에 마시기도 하고, 식전부터 냅다 달리기도 한다. 반면에 스리랑카에는 룰이 있다. 술은 항상 식전에 마시고 안주는 아주 조금만 먹기. 그리고 술을 적당히 마신 후에 야 저녁을 먹는다. 배고프다면서 안주를 왕창 먹어버리면, 졸지에 매너와 상식이 없는 사람이 될 수가 있다. 이러한 음주문화 때문에 길에 술 취한 사람들을 보기가 힘든가 보다. 우리나라랑 완전 다르죠잉.





라 + 포토앨범



그들의 마음을 여는, 승찬.

홍차를 좋아하는, 선화.

사진만 찍어대는, 기연.

빵빵터지는, 금선.

무한체력, 하현.























李沙河小田 智观台门证。中部以上

스러상대학을 부엌에 덩가들이가니다.

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